
































Rockland, ME - Nov 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:26	10.5	2:36	11.8	8:26	0.2	9:10	-1.1	7:13	5:25	
2	Fri	3:26	10.2	3:36	11.4	9:24	0.5	10:11	-0.8	7:15	5:24	
3	Sat	4:31	10.0	4:43	11.1	10:28	0.8	11:15	-0.6	7:16	5:23	
4	Sun	4:41	9.9	4:55	10.8	10:37	0.9	11:22	-0.4	6:17	4:22	
5	Mon	5:48	10.0	6:06	10.7	11:47	0.8			6:19	4:20	
6	Tue	6:51	10.3	7:10	10.7	12:26	-0.3	12:53	0.6	6:20	4:19	
7	Wed	7:47	10.6	8:09	10.7	1:25	-0.3	1:54	0.2	6:21	4:18	
8	Thu	8:39	10.9	9:03	10.6	2:19	-0.2	2:48	-0.1	6:23	4:17	
9	Fri	9:26	11.1	9:52	10.5	3:08	-0.1	3:38	-0.3	6:24	4:15	
10	Sat	10:10	11.1	10:38	10.3	3:53	0.1	4:23	-0.3	6:25	4:14	
11	Sun	10:50	11.0	11:21	10.0	4:34	0.4	5:05	-0.3	6:27	4:13	
12	Mon	11:28	10.8			5:13	0.7	5:44	-0.1	6:28	4:12	
13	Tue	12:02	9.7	12:02	10.5	5:50	1.1	6:23	0.1	6:29	4:11	
14	Wed	12:40	9.4	12:35	10.2	6:27	1.5	7:01	0.3	6:31	4:10	
15	Thu	1:18	9.1	1:10	9.9	7:05	1.8	7:41	0.6	6:32	4:09	
16	Fri	1:58	8.8	1:49	9.7	7:46	2.0	8:25	0.9	6:33	4:08	
17	Sat	2:41	8.6	2:33	9.4	8:32	2.2	9:12	1.1	6:35	4:07	
18	Sun	3:29	8.5	3:23	9.2	9:22	2.4	10:02	1.2	6:36	4:07	
19	Mon	4:21	8.5	4:19	9.1	10:17	2.3	10:55	1.2	6:37	4:06	
20	Tue	5:16	8.7	5:18	9.2	11:15	2.1	11:47	1.1	6:38	4:05	
21	Wed	6:08	9.1	6:16	9.3			12:12	1.7	6:40	4:04	
22	Thu	6:57	9.6	7:12	9.6	12:38	0.9	1:06	1.2	6:41	4:03	
23	Fri	7:42	10.2	8:05	10.0	1:26	0.6	1:57	0.5	6:42	4:03	
24	Sat	8:27	10.8	8:56	10.3	2:13	0.3	2:47	-0.2	6:43	4:02	
25	Sun	9:12	11.4	9:46	10.6	3:00	0.0	3:35	-0.9	6:45	4:02	
26	Mon	9:58	12.0	10:36	10.8	3:47	-0.2	4:25	-1.4	6:46	4:01	
27	Tue	10:45	12.3	11:27	10.9	4:35	-0.3	5:15	-1.7	6:47	4:00	
28	Wed	11:35	12.5			5:24	-0.3	6:06	-1.9	6:48	4:00	
29	Thu	12:20	10.8	12:28	12.4	6:17	-0.2	7:00	-1.8	6:49	4:00	
30	Fri	1:16	10.7	1:24	12.1	7:12	0.0	7:57	-1.5	6:50	3:59	