US HARBORS www.USHarbors.com

Rockland, ME - Dec 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:16	10.5	2:25	11.7	8:11	0.3	8:56	-1.1	6:52	3:59	
2	Sun	3:19	10.3	3:31	11.2	9:15	0.5	9:57	-0.7	6:53	3:58	
3	Mon	4:23	10.3	4:39	10.8	10:22	0.7	11:00	-0.4	6:54	3:58	
4	Tue	5:27	10.4	5:46	10.5	11:29	0.7			6:55	3:58	
5	Wed	6:27	10.5	6:50	10.2	12:01	-0.1	12:35	0.5	6:56	3:58	
6	Thu	7:22	10.7	7:48	10.1	12:59	0.1	1:35	0.3	6:57	3:58	
7	Fri	8:14	10.8	8:42	10.0	1:53	0.3	2:29	0.1	6:58	3:58	
8	Sat	9:02	10.9	9:32	9.8	2:42	0.5	3:18	0.0	6:59	3:57	
9	Sun	9:45	10.8	10:18	9.7	3:27	0.7	4:03	-0.1	7:00	3:57	
10	Mon	10:26	10.7	11:01	9.5	4:09	1.0	4:45	0.0	7:00	3:57	
11	Tue	11:03	10.6	11:41	9.3	4:48	1.2	5:23	0.1	7:01	3:58	
12	Wed	11:38	10.4			5:25	1.4	6:00	0.2	7:02	3:58	
13	Thu	12:18	9.2	12:10	10.2	6:01	1.6	6:37	0.3	7:03	3:58	
14	Fri	12:54	9.0	12:43	10.0	6:38	1.8	7:15	0.5	7:04	3:58	
15	Sat	1:29	8.9	1:19	9.9	7:17	1.9	7:54	0.6	7:04	3:58	
16	Sun	2:06	8.8	2:00	9.7	7:59	2.0	8:36	0.8	7:05	3:59	
17	Mon	2:47	8.8	2:46	9.5	8:45	2.1	9:21	0.9	7:06	3:59	
18	Tue	3:33	8.9	3:36	9.4	9:36	2.0	10:08	0.9	7:06	3:59	
19	Wed	4:22	9.1	4:31	9.3	10:31	1.8	10:58	0.9	7:07	4:00	
20	Thu	5:13	9.4	5:29	9.3	11:29	1.5	11:50	0.8	7:07	4:00	
21	Fri	6:06	9.9	6:30	9.5			12:27	0.9	7:08	4:01	
22	Sat	6:59	10.5	7:30	9.8	12:43	0.7	1:24	0.3	7:08	4:01	
23	Sun	7:51	11.1	8:29	10.1	1:36	0.5	2:19	-0.4	7:09	4:02	
24	Mon	8:43	11.7	9:25	10.4	2:29	0.2	3:13	-1.0	7:09	4:02	
25	Tue	9:36	12.2	10:20	10.7	3:22	-0.1	4:06	-1.6	7:10	4:03	
26	Wed	10:28	12.6	11:14	10.9	4:15	-0.3	4:59	-1.9	7:10	4:04	
27	Thu	11:22	12.7			5:08	-0.4	5:52	-2.1	7:10	4:04	
28	Fri	12:08	11.0	12:17	12.6	6:02	-0.4	6:46	-2.0	7:10	4:05	
29	Sat	1:04	10.9	1:13	12.3	6:58	-0.3	7:41	-1.7	7:11	4:06	
30	Sun	2:00	10.8	2:12	11.8	7:56	-0.1	8:36	-1.2	7:11	4:07	
31	Mon	2:59	10.7	3:13	11.2	8:57	0.2	9:34	-0.7	7:11	4:08	