US HARBORS www.USHarbors.com

Rockland, ME - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:04**	9.1	**7:31**	10.1	**1:02**	1.2	**1:17**	1.1	4:57	8:23	
2	Tue	**8:03**	9.3	**8:23**	10.6	**1:58**	0.7	**2:09**	1.0	4:58	8:23	
3	Wed	**9:01**	9.5	**9:15**	11.1	**2:53**	0.2	**3:01**	0.8	4:58	8:23	
4	Thu	**9:58**	9.8	**10:07**	11.6	**3:47**	-0.4	**3:54**	0.5	4:59	8:22	
5	Fri	**10:53**	10.1	**11:00**	12.1	**4:40**	-1.0	**4:47**	0.2	4:59	8:22	
6	Sat	**11:47**	10.4	**11:54**	12.4	**5:34**	-1.4	**5:41**	0.0	5:00	8:22	
7	Sun			**12:41**	10.6	**6:27**	-1.7	**6:35**	-0.2	5:01	8:21	
8	Mon	**12:49**	12.5	**1:36**	10.8	**7:20**	-1.8	**7:31**	-0.2	5:02	8:21	
9	Tue	**1:45**	12.4	**2:31**	10.9	**8:13**	-1.7	**8:28**	-0.2	5:02	8:20	
10	Wed	**2:42**	12.0	**3:28**	10.9	**9:08**	-1.4	**9:27**	-0.1	5:03	8:20	
11	Thu	**3:42**	11.5	**4:26**	10.9	**10:03**	-1.0	**10:29**	0.1	5:04	8:19	
12	Fri	**4:44**	11.0	**5:25**	10.8	**11:00**	-0.5	**11:32**	0.2	5:05	8:19	
13	Sat	**5:48**	10.4	**6:23**	10.8	**11:57**	0.0			5:06	8:18	
14	Sun	**6:52**	10.0	**7:21**	10.7	**12:36**	0.3	**12:55**	0.4	5:06	8:17	
15	Mon	**7:54**	9.6	**8:16**	10.7	**1:38**	0.3	**1:52**	0.8	5:07	8:17	
16	Tue	**8:52**	9.4	**9:09**	10.7	**2:37**	0.3	**2:47**	1.0	5:08	8:16	
17	Wed	**9:46**	9.3	**9:58**	10.6	**3:31**	0.2	**3:38**	1.2	5:09	8:15	
18	Thu	**10:35**	9.2	**10:44**	10.6	**4:21**	0.2	**4:25**	1.4	5:10	8:15	
19	Fri	**11:21**	9.2	**11:26**	10.5	**5:06**	0.2	**5:08**	1.4	5:11	8:14	
20	Sat			**12:03**	9.2	**5:48**	0.2	**5:48**	1.5	5:12	8:13	
21	Sun	**12:05**	10.4	**12:43**	9.1	**6:26**	0.3	**6:26**	1.5	5:13	8:12	
22	Mon	**12:40**	10.3	**1:19**	9.1	**7:02**	0.3	**7:02**	1.6	5:14	8:11	
23	Tue	**1:13**	10.2	**1:52**	9.1	**7:37**	0.4	**7:39**	1.6	5:15	8:10	
24	Wed	**1:45**	10.1	**2:23**	9.1	**8:12**	0.5	**8:18**	1.6	5:16	8:09	
25	Thu	**2:21**	9.9	**2:56**	9.2	**8:48**	0.7	**8:59**	1.6	5:17	8:08	
26	Fri	**3:00**	9.7	**3:34**	9.3	**9:26**	0.8	**9:44**	1.5	5:18	8:07	
27	Sat	**3:44**	9.5	**4:16**	9.4	**10:08**	1.0	**10:33**	1.4	5:19	8:06	
28	Sun	**4:33**	9.3	**5:04**	9.6	**10:53**	1.1	**11:27**	1.2	5:20	8:05	
29	Mon	**5:28**	9.1	**5:55**	9.9	**11:43**	1.2			5:21	8:04	
30	Tue	**6:28**	9.1	**6:51**	10.3	**12:25**	1.0	**12:38**	1.2	5:22	8:03	
31	Wed	**7:32**	9.2	**7:50**	10.7	**1:25**	0.5	**1:36**	1.1	5:23	8:01	