

































Rockland, ME - Jul 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:04	9.1	7:31	10.1	1:02	1.2	1:17	1.1	4:57	8:23	
2	Tue	8:03	9.3	8:23	10.6	1:58	0.7	2:09	1.0	4:58	8:23	
3	Wed	9:01	9.5	9:15	11.1	2:53	0.2	3:01	0.8	4:58	8:23	
4	Thu	9:58	9.8	10:07	11.6	3:47	-0.4	3:54	0.5	4:59	8:22	
5	Fri	10:53	10.1	11:00	12.1	4:40	-1.0	4:47	0.2	4:59	8:22	
6	Sat	11:47	10.4	11:54	12.4	5:34	-1.4	5:41	0.0	5:00	8:22	
7	Sun			12:41	10.6	6:27	-1.7	6:35	-0.2	5:01	8:21	
8	Mon	12:49	12.5	1:36	10.8	7:20	-1.8	7:31	-0.2	5:02	8:21	
9	Tue	1:45	12.4	2:31	10.9	8:13	-1.7	8:28	-0.2	5:02	8:20	
10	Wed	2:42	12.0	3:28	10.9	9:08	-1.4	9:27	-0.1	5:03	8:20	
11	Thu	3:42	11.5	4:26	10.9	10:03	-1.0	10:29	0.1	5:04	8:19	
12	Fri	4:44	11.0	5:25	10.8	11:00	-0.5	11:32	0.2	5:05	8:19	
13	Sat	5:48	10.4	6:23	10.8	11:57	0.0			5:06	8:18	
14	Sun	6:52	10.0	7:21	10.7	12:36	0.3	12:55	0.4	5:06	8:17	
15	Mon	7:54	9.6	8:16	10.7	1:38	0.3	1:52	0.8	5:07	8:17	
16	Tue	8:52	9.4	9:09	10.7	2:37	0.3	2:47	1.0	5:08	8:16	
17	Wed	9:46	9.3	9:58	10.6	3:31	0.2	3:38	1.2	5:09	8:15	
18	Thu	10:35	9.2	10:44	10.6	4:21	0.2	4:25	1.4	5:10	8:15	
19	Fri	11:21	9.2	11:26	10.5	5:06	0.2	5:08	1.4	5:11	8:14	
20	Sat			12:03	9.2	5:48	0.2	5:48	1.5	5:12	8:13	
21	Sun	12:05	10.4	12:43	9.1	6:26	0.3	6:26	1.5	5:13	8:12	
22	Mon	12:40	10.3	1:19	9.1	7:02	0.3	7:02	1.6	5:14	8:11	
23	Tue	1:13	10.2	1:52	9.1	7:37	0.4	7:39	1.6	5:15	8:10	
24	Wed	1:45	10.1	2:23	9.1	8:12	0.5	8:18	1.6	5:16	8:09	
25	Thu	2:21	9.9	2:56	9.2	8:48	0.7	8:59	1.6	5:17	8:08	
26	Fri	3:00	9.7	3:34	9.3	9:26	0.8	9:44	1.5	5:18	8:07	
27	Sat	3:44	9.5	4:16	9.4	10:08	1.0	10:33	1.4	5:19	8:06	
28	Sun	4:33	9.3	5:04	9.6	10:53	1.1	11:27	1.2	5:20	8:05	
29	Mon	5:28	9.1	5:55	9.9	11:43	1.2			5:21	8:04	
30	Tue	6:28	9.1	6:51	10.3	12:25	1.0	12:38	1.2	5:22	8:03	
31	Wed	7:32	9.2	7:50	10.7	1:25	0.5	1:36	1.1	5:23	8:01	