US HARBORS www.USHarbors.com

Rockland, ME - Dec 2058

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:31	11.2			5:15	0.7	5:53	-0.6	6:51	3:59	
2	Mon	12:11	9.8	12:11	10.9	5:57	1.1	6:36	-0.3	6:52	3:59	
3	Tue	12:55	9.4	12:51	10.5	6:39	1.4	7:18	0.1	6:53	3:58	
4	Wed	1:38	9.1	1:31	10.1	7:21	1.7	8:01	0.4	6:54	3:58	
5	Thu	2:22	8.9	2:13	9.7	8:06	2.0	8:46	0.7	6:55	3:58	
6	Fri	3:08	8.7	3:00	9.4	8:54	2.2	9:32	1.0	6:56	3:58	
7	Sat	3:56	8.6	3:51	9.2	9:46	2.3	10:21	1.2	6:57	3:58	
8	Sun	4:46	8.7	4:46	9.0	10:41	2.2	11:11	1.3	6:58	3:57	
9	Mon	5:36	8.9	5:43	8.9	11:37	2.0			6:59	3:57	
10	Tue	6:24	9.2	6:39	9.0	12:00	1.3	12:31	1.7	7:00	3:57	
11	Wed	7:09	9.6	7:32	9.1	12:48	1.3	1:23	1.2	7:01	3:58	
12	Thu	7:52	10.1	8:21	9.3	1:34	1.1	2:11	0.7	7:02	3:58	
13	Fri	8:34	10.5	9:08	9.6	2:20	1.0	2:58	0.1	7:03	3:58	
14	Sat	9:16	11.0	9:55	9.8	3:04	0.8	3:44	-0.4	7:03	3:58	
15	Sun	10:00	11.4	10:42	10.0	3:49	0.6	4:31	-0.8	7:04	3:58	
16	Mon	10:45	11.8	11:30	10.2	4:36	0.5	5:18	-1.2	7:05	3:58	
17	Tue	11:34	12.0			5:24	0.3	6:08	-1.3	7:06	3:59	
18	Wed	12:20	10.3	12:25	12.0	6:15	0.3	6:59	-1.4	7:06	3:59	
19	Thu	1:13	10.3	1:19	11.8	7:09	0.3	7:53	-1.2	7:07	4:00	
20	Fri	2:09	10.4	2:18	11.5	8:07	0.4	8:49	-1.0	7:07	4:00	
21	Sat	3:09	10.4	3:21	11.1	9:09	0.5	9:48	-0.7	7:08	4:00	
22	Sun	4:12	10.5	4:29	10.7	10:15	0.5	10:48	-0.4	7:08	4:01	
23	Mon	5:14	10.6	5:38	10.4	11:22	0.4	11:48	-0.1	7:09	4:02	
24	Tue	6:15	10.8	6:44	10.1			12:28	0.2	7:09	4:02	
25	Wed	7:13	11.0	7:45	10.0	12:48	0.2	1:30	-0.1	7:09	4:03	
26	Thu	8:07	11.2	8:42	9.9	1:44	0.4	2:27	-0.3	7:10	4:03	
27	Fri	8:58	11.2	9:35	9.8	2:37	0.6	3:20	-0.4	7:10	4:04	
28	Sat	9:46	11.2	10:24	9.7	3:27	0.7	4:09	-0.4	7:10	4:05	
29	Sun	10:31	11.1	11:10	9.6	4:13	0.9	4:53	-0.4	7:10	4:06	
30	Mon	11:12	10.9	11:52	9.4	4:56	1.1	5:35	-0.2	7:11	4:06	
31	Tue	11:51	10.7			5:36	1.3	6:14	0.0	7:11	4:07	