US HARBORS www.USHarbors.com

Rockland, ME - Mar 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:06	9.5	12:11	10.1	6:02	1.0	6:25	0.6	6:12	5:24	
2	Sun	12:33	9.6	12:42	9.9	6:36	1.0	6:57	0.8	6:11	5:25	
3	Mon	1:01	9.7	1:16	9.7	7:13	0.9	7:30	1.0	6:09	5:27	
4	Tue	1:34	9.7	1:55	9.4	7:53	0.9	8:08	1.2	6:07	5:28	
5	Wed	2:13	9.8	2:40	9.2	8:37	1.0	8:50	1.5	6:05	5:29	
6	Thu	2:58	9.8	3:32	8.9	9:27	1.0	9:40	1.7	6:04	5:31	
7	Fri	3:50	9.8	4:31	8.7	10:25	0.9	10:37	1.8	6:02	5:32	
8	Sat	4:49	9.9	5:38	8.7	11:29	0.8	11:40	1.7	6:00	5:33	
9	Sun	6:54	10.2	7:49	9.0			1:35	0.4	6:58	6:34	
10	Mon	8:02	10.7	8:55	9.5	1:46	1.4	2:38	-0.1	6:57	6:36	
11	Tue	9:07	11.2	9:53	10.2	2:50	0.8	3:37	-0.7	6:55	6:37	
12	Wed	10:07	11.8	10:47	10.8	3:50	0.2	4:31	-1.2	6:53	6:38	
13	Thu	11:02	12.2	11:37	11.4	4:46	-0.5	5:22	-1.5	6:51	6:39	
14	Fri	11:56	12.4			5:40	-1.0	6:11	-1.6	6:49	6:41	
15	Sat	12:26	11.8	12:48	12.3	6:32	-1.4	7:00	-1.5	6:48	6:42	
16	Sun	1:14	12.0	1:40	11.9	7:24	-1.5	7:48	-1.1	6:46	6:43	
17	Mon	2:03	12.0	2:33	11.3	8:17	-1.3	8:37	-0.6	6:44	6:44	
18	Tue	2:52	11.7	3:27	10.6	9:11	-0.9	9:28	0.1	6:42	6:46	
19	Wed	3:45	11.2	4:26	9.9	10:07	-0.4	10:22	0.8	6:40	6:47	
20	Thu	4:42	10.7	5:28	9.3	11:06	0.1	11:21	1.4	6:38	6:48	
21	Fri	5:43	10.2	6:32	8.9			12:09	0.6	6:37	6:49	
22	Sat	6:47	9.9	7:34	8.8	12:24	1.8	1:13	0.9	6:35	6:51	
23	Sun	7:49	9.7	8:31	8.8	1:27	1.9	2:13	0.9	6:33	6:52	
24	Mon	8:45	9.8	9:23	9.0	2:26	1.9	3:07	0.9	6:31	6:53	
25	Tue	9:36	9.9	10:09	9.2	3:19	1.7	3:54	0.8	6:29	6:54	
26	Wed	10:21	10.0	10:50	9.4	4:05	1.4	4:36	0.7	6:27	6:56	
27	Thu	11:02	10.1	11:27	9.6	4:47	1.2	5:13	0.6	6:26	6:57	
28	Fri	11:40	10.1			5:25	0.9	5:47	0.6	6:24	6:58	
29	Sat	12:00	9.8	12:13	10.0	6:00	0.7	6:19	0.7	6:22	6:59	
30	Sun	12:28	9.9	12:45	9.9	6:35	0.6	6:50	0.8	6:20	7:00	
31	Mon	12:55	10.0	1:16	9.8	7:10	0.5	7:23	1.0	6:18	7:02	