US HARBORS www.USHarbors.com

Rockland, ME - Jun 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:58	11.0	3:51	9.7	9:35	-0.5	9:49	1.1	4:56	8:12	
2	Mon	3:57	10.9	4:52	9.8	10:32	-0.4	10:52	1.0	4:55	8:13	
3	Tue	5:01	10.7	5:54	10.1	11:32	-0.3	11:58	0.8	4:55	8:14	
4	Wed	6:09	10.5	6:56	10.5			12:31	-0.3	4:54	8:15	
5	Thu	7:17	10.4	7:55	10.9	1:04	0.4	1:30	-0.2	4:54	8:15	
6	Fri	8:22	10.4	8:51	11.3	2:07	0.0	2:27	-0.1	4:53	8:16	
7	Sat	9:23	10.4	9:44	11.6	3:07	-0.4	3:22	0.0	4:53	8:17	
8	Sun	10:19	10.4	10:34	11.7	4:03	-0.8	4:14	0.1	4:53	8:17	
9	Mon	11:12	10.3	11:22	11.7	4:56	-1.0	5:04	0.3	4:53	8:18	
10	Tue			12:03	10.1	5:46	-1.0	5:52	0.6	4:52	8:19	
11	Wed	12:09	11.5	12:51	9.9	6:33	-0.8	6:38	0.9	4:52	8:19	
12	Thu	12:54	11.2	1:38	9.6	7:19	-0.5	7:23	1.2	4:52	8:20	
13	Fri	1:38	10.8	2:24	9.3	8:04	-0.2	8:08	1.5	4:52	8:20	
14	Sat	2:21	10.4	3:10	9.1	8:49	0.2	8:54	1.8	4:52	8:21	
15	Sun	3:05	10.0	3:56	8.9	9:33	0.5	9:41	2.0	4:52	8:21	
16	Mon	3:51	9.7	4:43	8.8	10:19	0.8	10:32	2.1	4:52	8:21	
17	Tue	4:40	9.3	5:30	8.8	11:05	1.1	11:25	2.1	4:52	8:22	
18	Wed	5:33	9.1	6:18	8.9	11:53	1.3			4:52	8:22	
19	Thu	6:27	8.9	7:05	9.2	12:19	2.0	12:41	1.4	4:52	8:22	
20	Fri	7:22	8.8	7:51	9.4	1:13	1.7	1:28	1.5	4:53	8:23	
21	Sat	8:16	8.8	8:34	9.8	2:05	1.4	2:15	1.5	4:53	8:23	
22	Sun	9:06	8.9	9:16	10.1	2:55	1.0	3:01	1.4	4:53	8:23	
23	Mon	9:54	9.1	9:58	10.5	3:42	0.6	3:46	1.3	4:53	8:23	
24	Tue	10:40	9.3	10:41	10.9	4:28	0.1	4:30	1.2	4:54	8:23	
25	Wed	11:26	9.5	11:26	11.2	5:14	-0.3	5:16	1.0	4:54	8:23	
26	Thu			12:12	9.7	6:00	-0.6	6:03	0.8	4:54	8:23	
27	Fri	12:12	11.5	12:59	9.9	6:47	-0.9	6:52	0.7	4:55	8:23	
28	Sat	1:01	11.6	1:49	10.1	7:36	-1.0	7:43	0.5	4:55	8:23	
29	Sun	1:53	11.7	2:41	10.2	8:26	-1.1	8:38	0.4	4:56	8:23	
30	Mon	2:48	11.5	3:36	10.4	9:19	-1.0	9:36	0.4	4:56	8:23	