

































Rockland, ME - Dec 2059

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:14	9.7	8:39	9.2	1:52	1.3	2:24	1.1	6:51	3:59	
2	Tue	8:53	10.0	9:22	9.2	2:33	1.3	3:07	0.7	6:52	3:59	
3	Wed	9:28	10.2	10:02	9.3	3:13	1.3	3:48	0.4	6:53	3:58	
4	Thu	10:02	10.4	10:40	9.3	3:51	1.3	4:27	0.1	6:54	3:58	
5	Fri	10:37	10.6	11:18	9.3	4:29	1.3	5:06	-0.1	6:55	3:58	
6	Sat	11:14	10.8	11:57	9.4	5:07	1.3	5:47	-0.2	6:56	3:58	
7	Sun	11:54	10.9			5:48	1.3	6:30	-0.3	6:57	3:58	
8	Mon	12:39	9.4	12:39	10.9	6:33	1.3	7:16	-0.3	6:58	3:57	
9	Tue	1:26	9.4	1:28	10.9	7:22	1.3	8:06	-0.3	6:59	3:57	
10	Wed	2:18	9.5	2:23	10.7	8:16	1.2	8:59	-0.2	7:00	3:57	
11	Thu	3:14	9.6	3:22	10.5	9:16	1.2	9:56	-0.2	7:01	3:58	
12	Fri	4:15	9.9	4:28	10.4	10:20	1.0	10:54	-0.1	7:02	3:58	
13	Sat	5:17	10.3	5:37	10.2	11:27	0.6	11:54	0.0	7:02	3:58	
14	Sun	6:18	10.7	6:46	10.2			12:32	0.2	7:03	3:58	
15	Mon	7:16	11.2	7:50	10.3	12:53	0.0	1:34	-0.3	7:04	3:58	
16	Tue	8:12	11.6	8:49	10.4	1:49	0.0	2:33	-0.8	7:05	3:58	
17	Wed	9:05	11.9	9:45	10.4	2:44	0.0	3:28	-1.1	7:05	3:59	
18	Thu	9:56	12.0	10:38	10.3	3:37	0.1	4:20	-1.3	7:06	3:59	
19	Fri	10:45	11.9	11:28	10.2	4:27	0.3	5:10	-1.2	7:07	3:59	
20	Sat	11:32	11.7			5:16	0.5	5:58	-1.0	7:07	4:00	
21	Sun	12:16	10.0	12:19	11.3	6:03	0.8	6:45	-0.7	7:08	4:00	
22	Mon	1:04	9.7	1:04	10.9	6:50	1.1	7:31	-0.3	7:08	4:01	
23	Tue	1:51	9.5	1:50	10.4	7:37	1.4	8:16	0.2	7:09	4:01	
24	Wed	2:37	9.2	2:36	10.0	8:25	1.7	9:01	0.6	7:09	4:02	
25	Thu	3:25	9.1	3:25	9.5	9:15	1.9	9:48	0.9	7:09	4:03	
26	Fri	4:13	9.0	4:18	9.1	10:08	2.0	10:35	1.2	7:10	4:03	
27	Sat	5:02	9.0	5:13	8.8	11:03	2.0	11:24	1.5	7:10	4:04	
28	Sun	5:51	9.1	6:10	8.7	11:58	1.8			7:10	4:05	
29	Mon	6:38	9.3	7:06	8.6	12:13	1.6	12:52	1.6	7:10	4:05	
30	Tue	7:24	9.6	7:58	8.7	1:01	1.7	1:43	1.2	7:11	4:06	
31	Wed	8:08	9.9	8:48	8.8	1:48	1.7	2:31	0.8	7:11	4:07	