US HARBORS www.USHarbors.com

Rockland, ME - Mar 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:27**	11.4	**10:06**	10.3	**3:12**	0.6	**3:53**	-0.8	6:11	5:25	
2	Tue	**10:17**	11.8	**10:52**	11.0	**4:03**	0.0	**4:40**	-1.2	6:09	5:26	
3	Wed	**11:07**	12.1	**11:37**	11.5	**4:54**	-0.6	**5:26**	-1.4	6:08	5:28	
4	Thu	**11:57**	12.1			**5:44**	-1.1	**6:12**	-1.4	6:06	5:29	
5	Fri	**12:24**	11.8	**12:48**	11.8	**6:36**	-1.3	**7:00**	-1.1	6:04	5:30	
6	Sat	**1:13**	11.9	**1:42**	11.4	**7:29**	-1.2	**7:50**	-0.7	6:02	5:32	
7	Sun	**2:04**	11.8	**2:39**	10.7	**8:25**	-1.0	**8:43**	-0.1	6:00	5:33	
8	Mon	**3:00**	11.5	**3:42**	10.1	**9:25**	-0.6	**9:41**	0.5	5:59	5:34	
9	Tue	**4:02**	11.0	**4:51**	9.5	**10:30**	-0.2	**10:45**	1.1	5:57	5:35	
10	Wed	**5:09**	10.7	**6:00**	9.2	**11:38**	0.1	**11:53**	1.4	5:55	5:37	
11	Thu	**6:18**	10.5	**7:06**	9.2			**12:46**	0.3	5:53	5:38	
12	Fri	**7:22**	10.4	**8:05**	9.3	**1:00**	1.5	**1:48**	0.3	5:52	5:39	
13	Sat	**8:20**	10.5	**8:58**	9.5	**2:02**	1.4	**2:44**	0.3	5:50	5:40	
14	Sun	**10:12**	10.5	**10:46**	9.6	**3:56**	1.2	**4:32**	0.2	6:48	6:42	
15	Mon	**10:59**	10.5	**11:28**	9.8	**4:43**	1.0	**5:14**	0.2	6:46	6:43	
16	Tue	**11:40**	10.4			**5:25**	0.9	**5:52**	0.3	6:44	6:44	
17	Wed	**12:06**	9.8	**12:18**	10.3	**6:04**	0.8	**6:26**	0.5	6:43	6:45	
18	Thu	**12:39**	9.9	**12:53**	10.0	**6:39**	0.7	**6:58**	0.7	6:41	6:47	
19	Fri	**1:09**	9.8	**1:25**	9.8	**7:14**	0.7	**7:29**	1.0	6:39	6:48	
20	Sat	**1:36**	9.8	**1:56**	9.5	**7:48**	0.8	**8:01**	1.2	6:37	6:49	
21	Sun	**2:05**	9.7	**2:30**	9.2	**8:25**	0.8	**8:35**	1.5	6:35	6:50	
22	Mon	**2:38**	9.7	**3:09**	8.9	**9:05**	1.0	**9:14**	1.8	6:33	6:52	
23	Tue	**3:18**	9.6	**3:55**	8.6	**9:50**	1.1	**9:58**	2.1	6:32	6:53	
24	Wed	**4:05**	9.5	**4:47**	8.4	**10:41**	1.2	**10:50**	2.3	6:30	6:54	
25	Thu	**4:58**	9.4	**5:48**	8.3	**11:39**	1.2	**11:48**	2.3	6:28	6:55	
26	Fri	**5:58**	9.5	**6:54**	8.5			**12:41**	1.1	6:26	6:56	
27	Sat	**7:03**	9.8	**7:59**	8.9	**12:52**	2.0	**1:43**	0.7	6:24	6:58	
28	Sun	**8:08**	10.3	**8:56**	9.5	**1:55**	1.6	**2:40**	0.2	6:22	6:59	
29	Mon	**9:08**	10.8	**9:48**	10.3	**2:54**	0.9	**3:34**	-0.4	6:21	7:00	
30	Tue	**10:04**	11.4	**10:37**	11.0	**3:50**	0.1	**4:24**	-0.8	6:19	7:01	
31	Wed	**10:57**	11.8	**11:25**	11.7	**4:43**	-0.6	**5:12**	-1.1	6:17	7:03	