US HARBORS www.USHarbors.com

Rockland, ME - Jul 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:47	11.3	2:32	9.8	8:13	-0.6	8:20	1.0	4:57	8:23	
2	Fri	2:35	10.8	3:20	9.6	9:00	-0.2	9:10	1.3	4:58	8:23	
3	Sat	3:24	10.3	4:08	9.4	9:46	0.3	10:01	1.5	4:58	8:22	
4	Sun	4:14	9.8	4:56	9.3	10:32	0.7	10:53	1.7	4:59	8:22	
5	Mon	5:05	9.3	5:44	9.3	11:18	1.1	11:47	1.7	5:00	8:22	
6	Tue	5:59	8.9	6:32	9.3			12:06	1.4	5:00	8:21	
7	Wed	6:55	8.7	7:20	9.4	12:41	1.7	12:55	1.7	5:01	8:21	
8	Thu	7:50	8.5	8:08	9.5	1:36	1.5	1:43	1.8	5:02	8:21	
9	Fri	8:44	8.5	8:53	9.7	2:28	1.3	2:32	1.9	5:03	8:20	
10	Sat	9:34	8.6	9:37	9.9	3:17	1.0	3:19	1.9	5:04	8:20	
11	Sun	10:21	8.7	10:19	10.2	4:04	0.7	4:03	1.8	5:04	8:19	
12	Mon	11:04	8.9	11:00	10.5	4:48	0.4	4:47	1.6	5:05	8:18	
13	Tue	11:45	9.1	11:40	10.8	5:31	0.1	5:30	1.4	5:06	8:18	
14	Wed			12:25	9.3	6:12	-0.2	6:13	1.2	5:07	8:17	
15	Thu	12:22	11.0	1:05	9.6	6:54	-0.4	6:57	0.9	5:08	8:16	
16	Fri	1:06	11.2	1:48	9.9	7:37	-0.5	7:44	0.7	5:09	8:16	
17	Sat	1:52	11.2	2:33	10.1	8:22	-0.6	8:35	0.5	5:10	8:15	
18	Sun	2:42	11.1	3:22	10.4	9:09	-0.5	9:29	0.4	5:11	8:14	
19	Mon	3:35	10.8	4:14	10.6	9:59	-0.4	10:27	0.3	5:12	8:13	
20	Tue	4:34	10.4	5:10	10.8	10:52	-0.1	11:29	0.2	5:13	8:12	
21	Wed	5:38	10.1	6:10	11.0	11:49	0.2			5:13	8:11	
22	Thu	6:47	9.8	7:12	11.1	12:34	0.0	12:49	0.5	5:14	8:11	
23	Fri	7:56	9.7	8:15	11.3	1:39	-0.2	1:50	0.6	5:16	8:10	
24	Sat	9:01	9.7	9:15	11.4	2:43	-0.4	2:52	0.7	5:17	8:09	
25	Sun	10:01	9.8	10:12	11.6	3:43	-0.6	3:50	0.7	5:18	8:08	
26	Mon	10:56	9.9	11:05	11.6	4:39	-0.8	4:45	0.6	5:19	8:06	
27	Tue	11:47	9.9	11:55	11.5	5:31	-0.8	5:37	0.6	5:20	8:05	
28	Wed			12:35	9.9	6:19	-0.7	6:25	0.7	5:21	8:04	
29	Thu	12:42	11.3	1:21	9.9	7:04	-0.5	7:11	0.8	5:22	8:03	
30	Fri	1:27	10.9	2:03	9.8	7:46	-0.2	7:55	1.0	5:23	8:02	
31	Sat	2:09	10.5	2:44	9.6	8:27	0.2	8:38	1.1	5:24	8:01	