US HARBORS www.USHarbors.com

Rockland, ME - Aug 2060

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:50	10.1	3:24	9.5	9:06	0.6	9:23	1.3	5:25	7:59	
2	Mon	3:32	9.6	4:03	9.3	9:46	1.0	10:09	1.5	5:26	7:58	
3	Tue	4:17	9.1	4:45	9.2	10:28	1.4	10:59	1.6	5:27	7:57	
4	Wed	5:07	8.7	5:31	9.2	11:13	1.8	11:52	1.7	5:28	7:56	
5	Thu	6:02	8.4	6:21	9.2			12:03	2.0	5:30	7:54	
6	Fri	7:02	8.2	7:15	9.3	12:48	1.6	12:55	2.2	5:31	7:53	
7	Sat	8:02	8.2	8:08	9.5	1:45	1.4	1:49	2.2	5:32	7:52	
8	Sun	8:57	8.4	9:00	9.9	2:39	1.2	2:42	2.0	5:33	7:50	
9	Mon	9:47	8.7	9:48	10.3	3:30	0.8	3:32	1.7	5:34	7:49	
10	Tue	10:32	9.0	10:33	10.7	4:18	0.3	4:19	1.3	5:35	7:47	
11	Wed	11:15	9.5	11:17	11.1	5:02	-0.1	5:05	0.9	5:36	7:46	
12	Thu	11:57	9.9			5:45	-0.5	5:51	0.5	5:37	7:44	
13	Fri	12:02	11.4	12:38	10.3	6:28	-0.8	6:38	0.1	5:39	7:43	
14	Sat	12:48	11.6	1:22	10.7	7:12	-0.9	7:26	-0.2	5:40	7:41	
15	Sun	1:36	11.5	2:07	11.0	7:57	-0.9	8:17	-0.4	5:41	7:40	
16	Mon	2:26	11.3	2:56	11.2	8:44	-0.7	9:12	-0.4	5:42	7:38	
17	Tue	3:21	10.9	3:49	11.2	9:34	-0.3	10:10	-0.4	5:43	7:37	
18	Wed	4:21	10.4	4:46	11.1	10:29	0.1	11:12	-0.2	5:44	7:35	
19	Thu	5:27	9.9	5:50	11.0	11:29	0.6			5:45	7:33	
20	Fri	6:38	9.5	6:57	10.9	12:19	-0.1	12:33	0.9	5:47	7:32	
21	Sat	7:47	9.4	8:04	11.0	1:27	-0.1	1:39	1.0	5:48	7:30	
22	Sun	8:51	9.5	9:06	11.1	2:32	-0.2	2:43	1.0	5:49	7:28	
23	Mon	9:49	9.6	10:02	11.1	3:32	-0.3	3:42	0.9	5:50	7:27	
24	Tue	10:42	9.8	10:54	11.2	4:26	-0.4	4:35	0.7	5:51	7:25	
25	Wed	11:29	9.9	11:40	11.1	5:15	-0.4	5:23	0.7	5:52	7:23	
26	Thu			12:13	10.0	5:59	-0.3	6:07	0.6	5:53	7:22	
27	Fri	12:23	10.9	12:53	9.9	6:38	-0.1	6:48	0.7	5:55	7:20	
28	Sat	1:03	10.5	1:30	9.9	7:15	0.2	7:27	0.8	5:56	7:18	
29	Sun	1:41	10.2	2:03	9.7	7:50	0.6	8:06	0.9	5:57	7:16	
30	Mon	2:16	9.8	2:35	9.6	8:25	0.9	8:45	1.1	5:58	7:15	
31	Tue	2:53	9.3	3:09	9.4	9:01	1.3	9:27	1.3	5:59	7:13	