US HARBORS www.USHarbors.com

Rockland, ME - Jan 2061

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:49	10.7	6:26	9.7			12:16	0.2	7:11	4:09	
2	Sun	6:50	11.1	7:34	9.8	12:30	0.5	1:20	-0.3	7:11	4:10	
3	Mon	7:51	11.5	8:38	9.9	1:30	0.5	2:21	-0.7	7:11	4:11	
4	Tue	8:50	11.8	9:37	10.1	2:29	0.4	3:20	-1.1	7:11	4:12	
5	Wed	9:46	12.1	10:33	10.3	3:27	0.3	4:16	-1.4	7:11	4:13	
6	Thu	10:41	12.2	11:26	10.3	4:22	0.2	5:09	-1.4	7:10	4:14	
7	Fri	11:33	12.1			5:15	0.2	6:00	-1.3	7:10	4:15	
8	Sat	12:17	10.3	12:24	11.8	6:07	0.3	6:49	-1.0	7:10	4:16	
9	Sun	1:07	10.2	1:14	11.3	6:58	0.5	7:36	-0.6	7:10	4:17	
10	Mon	1:55	10.1	2:03	10.7	7:49	0.8	8:23	-0.1	7:09	4:18	
11	Tue	2:43	9.9	2:53	10.1	8:40	1.0	9:09	0.4	7:09	4:19	
12	Wed	3:32	9.7	3:45	9.5	9:33	1.3	9:56	0.9	7:09	4:20	
13	Thu	4:21	9.5	4:40	9.0	10:27	1.5	10:45	1.4	7:08	4:21	
14	Fri	5:11	9.4	5:38	8.6	11:23	1.6	11:35	1.7	7:08	4:23	
15	Sat	6:02	9.4	6:36	8.4			12:20	1.5	7:07	4:24	
16	Sun	6:53	9.5	7:32	8.4	12:27	2.0	1:15	1.4	7:06	4:25	
17	Mon	7:42	9.6	8:24	8.5	1:18	2.1	2:06	1.1	7:06	4:26	
18	Tue	8:29	9.8	9:11	8.6	2:08	2.0	2:54	0.9	7:05	4:28	
19	Wed	9:13	10.1	9:55	8.8	2:54	1.9	3:39	0.6	7:05	4:29	
20	Thu	9:53	10.3	10:35	9.0	3:37	1.7	4:20	0.3	7:04	4:30	
21	Fri	10:31	10.6	11:12	9.2	4:18	1.5	4:59	0.0	7:03	4:32	
22	Sat	11:08	10.8	11:48	9.5	4:58	1.2	5:37	-0.2	7:02	4:33	
23	Sun	11:47	11.0			5:39	1.0	6:16	-0.3	7:01	4:34	
24	Mon	12:25	9.8	12:28	11.0	6:21	0.8	6:55	-0.4	7:01	4:36	
25	Tue	1:04	10.0	1:12	10.9	7:06	0.6	7:37	-0.3	7:00	4:37	
26	Wed	1:47	10.3	2:01	10.7	7:55	0.4	8:23	-0.2	6:59	4:38	
27	Thu	2:34	10.5	2:54	10.3	8:49	0.3	9:12	0.1	6:58	4:40	
28	Fri	3:26	10.6	3:54	9.9	9:48	0.3	10:06	0.4	6:57	4:41	
29	Sat	4:23	10.7	5:01	9.6	10:51	0.2	11:06	0.7	6:56	4:42	
30	Sun	5:26	10.8	6:14	9.4	11:59	0.1			6:55	4:44	
31	Mon	6:34	11.0	7:25	9.4	12:11	0.9	1:07	-0.1	6:54	4:45	