US HARBORS www.USHarbors.com

Rockland, ME - Jul 2062

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:09	9.1	6:38	10.0	12:08	1.3	12:23	1.1	4:57	8:23	
2	Sun	7:09	9.1	7:32	10.4	1:06	0.9	1:17	1.1	4:58	8:23	
3	Mon	8:11	9.2	8:27	10.9	2:04	0.4	2:12	1.0	4:58	8:23	
4	Tue	9:13	9.5	9:24	11.4	3:03	-0.2	3:08	0.8	4:59	8:22	
5	Wed	10:13	9.8	10:21	11.9	4:00	-0.7	4:05	0.5	4:59	8:22	
6	Thu	11:10	10.1	11:17	12.3	4:56	-1.2	5:01	0.2	5:00	8:22	
7	Fri			12:05	10.4	5:50	-1.6	5:57	0.0	5:01	8:21	
8	Sat	12:13	12.5	1:00	10.6	6:44	-1.7	6:53	-0.2	5:02	8:21	
9	Sun	1:09	12.4	1:54	10.8	7:37	-1.7	7:49	-0.2	5:02	8:20	
10	Mon	2:05	12.1	2:49	10.9	8:30	-1.5	8:47	-0.1	5:03	8:20	
11	Tue	3:02	11.7	3:44	10.9	9:23	-1.1	9:46	0.0	5:04	8:19	
12	Wed	4:01	11.1	4:39	10.8	10:16	-0.6	10:46	0.2	5:05	8:19	
13	Thu	5:01	10.4	5:36	10.7	11:11	0.0	11:48	0.4	5:06	8:18	
14	Fri	6:03	9.8	6:32	10.5			12:07	0.6	5:06	8:17	
15	Sat	7:05	9.4	7:28	10.4	12:50	0.5	1:03	1.0	5:07	8:17	
16	Sun	8:05	9.1	8:22	10.3	1:50	0.6	1:59	1.4	5:08	8:16	
17	Mon	9:01	8.9	9:14	10.3	2:47	0.6	2:52	1.6	5:09	8:15	
18	Tue	9:53	8.8	10:02	10.3	3:39	0.6	3:42	1.7	5:10	8:15	
19	Wed	10:41	8.8	10:46	10.3	4:27	0.5	4:27	1.7	5:11	8:14	
20	Thu	11:25	8.9	11:27	10.3	5:10	0.5	5:09	1.7	5:12	8:13	
21	Fri			12:06	8.9	5:50	0.4	5:48	1.7	5:13	8:12	
22	Sat	12:04	10.3	12:43	9.0	6:27	0.4	6:25	1.6	5:14	8:11	
23	Sun	12:38	10.2	1:16	9.0	7:02	0.4	7:02	1.6	5:15	8:10	
24	Mon	1:10	10.2	1:47	9.1	7:36	0.5	7:39	1.5	5:16	8:09	
25	Tue	1:44	10.1	2:18	9.2	8:10	0.5	8:18	1.4	5:17	8:08	
26	Wed	2:20	9.9	2:52	9.4	8:45	0.6	9:00	1.4	5:18	8:07	
27	Thu	3:01	9.7	3:32	9.6	9:23	0.8	9:46	1.2	5:19	8:06	
28	Fri	3:47	9.5	4:16	9.8	10:05	1.0	10:37	1.1	5:20	8:05	
29	Sat	4:39	9.3	5:05	10.0	10:53	1.1	11:34	0.9	5:21	8:04	
30	Sun	5:37	9.1	6:01	10.2	11:46	1.3			5:22	8:02	
31	Mon	6:41	9.0	7:01	10.6	12:35	0.7	12:45	1.3	5:23	8:01	