US HARBORS www.USHarbors.com

Rockland, ME - Jan 2063

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:50	10.3			5:36	1.6	6:15	0.3	7:11	4:08	
2	Tue	12:31	9.0	12:24	10.2	6:13	1.7	6:51	0.5	7:11	4:09	
3	Wed	1:05	8.9	12:58	10.0	6:51	1.7	7:26	0.6	7:11	4:10	
4	Thu	1:39	8.9	1:34	9.7	7:30	1.8	8:03	0.8	7:11	4:11	
5	Fri	2:13	8.9	2:14	9.5	8:13	1.8	8:41	1.0	7:11	4:12	
6	Sat	2:51	9.0	2:59	9.2	8:59	1.8	9:22	1.2	7:10	4:13	
7	Sun	3:33	9.2	3:48	8.9	9:49	1.7	10:08	1.4	7:10	4:14	
8	Mon	4:20	9.3	4:44	8.7	10:44	1.6	10:57	1.6	7:10	4:15	
9	Tue	5:11	9.6	5:44	8.7	11:42	1.3	11:51	1.6	7:10	4:16	
10	Wed	6:06	10.0	6:48	8.8			12:41	0.9	7:09	4:17	
11	Thu	7:03	10.4	7:51	9.0	12:47	1.5	1:40	0.3	7:09	4:19	
12	Fri	8:00	11.0	8:50	9.4	1:45	1.2	2:37	-0.3	7:09	4:20	
13	Sat	8:57	11.5	9:46	9.9	2:41	0.9	3:32	-0.9	7:08	4:21	
14	Sun	9:52	12.0	10:39	10.3	3:36	0.4	4:25	-1.4	7:08	4:22	
15	Mon	10:46	12.4	11:31	10.7	4:31	0.0	5:16	-1.7	7:07	4:23	
16	Tue	11:39	12.5			5:25	-0.3	6:07	-1.8	7:07	4:25	
17	Wed	12:22	11.0	12:33	12.4	6:19	-0.5	6:57	-1.7	7:06	4:26	
18	Thu	1:14	11.2	1:28	12.0	7:14	-0.6	7:48	-1.4	7:06	4:27	
19	Fri	2:06	11.3	2:24	11.4	8:11	-0.4	8:40	-0.9	7:05	4:28	
20	Sat	3:01	11.2	3:24	10.7	9:10	-0.2	9:34	-0.3	7:04	4:30	
21	Sun	3:57	11.0	4:27	10.0	10:12	0.1	10:30	0.4	7:03	4:31	
22	Mon	4:56	10.8	5:32	9.5	11:16	0.3	11:29	0.9	7:03	4:32	
23	Tue	5:56	10.6	6:36	9.1			12:20	0.5	7:02	4:34	
24	Wed	6:55	10.4	7:37	8.9	12:30	1.3	1:22	0.5	7:01	4:35	
25	Thu	7:52	10.4	8:33	8.9	1:29	1.6	2:19	0.5	7:00	4:36	
26	Fri	8:44	10.4	9:24	8.9	2:24	1.6	3:10	0.5	6:59	4:38	
27	Sat	9:32	10.4	10:10	9.0	3:13	1.6	3:56	0.4	6:58	4:39	
28	Sun	10:15	10.4	10:51	9.1	3:57	1.6	4:37	0.4	6:57	4:40	
29	Mon	10:54	10.4	11:29	9.1	4:37	1.5	5:15	0.4	6:56	4:42	
30	Tue	11:30	10.3			5:14	1.4	5:49	0.4	6:55	4:43	
31	Wed	12:03	9.2	12:01	10.2	5:50	1.4	6:21	0.5	6:54	4:45	