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# Rockland, ME - Jan 2064

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 7:58 | 10.1 | 8:44 | 8.8 | 1:41 | 1.8 | 2:29 | 0.6 | 7:11 | 4:08 | |
| 2 | Wed | 8:45 | 10.5 | 9:31 | 9.1 | 2:30 | 1.6 | 3:17 | 0.1 | 7:11 | 4:09 | |
| 3 | Thu | 9:30 | 10.9 | 10:16 | 9.4 | 3:17 | 1.3 | 4:03 | -0.3 | 7:11 | 4:10 | |
| 4 | Fri | 10:16 | 11.4 | 11:01 | 9.8 | 4:04 | 0.9 | 4:49 | -0.7 | 7:11 | 4:11 | |
| 5 | Sat | 11:03 | 11.7 | 11:46 | 10.1 | 4:51 | 0.6 | 5:35 | -1.1 | 7:11 | 4:12 | |
| 6 | Sun | 11:50 | 11.9 | | | 5:40 | 0.3 | 6:21 | -1.2 | 7:11 | 4:13 | |
| 7 | Mon | 12:33 | 10.5 | 12:40 | 11.9 | 6:30 | 0.1 | 7:09 | -1.2 | 7:10 | 4:14 | |
| 8 | Tue | 1:22 | 10.7 | 1:33 | 11.6 | 7:23 | -0.1 | 7:58 | -1.1 | 7:10 | 4:15 | |
| 9 | Wed | 2:13 | 10.9 | 2:29 | 11.2 | 8:20 | -0.1 | 8:50 | -0.7 | 7:10 | 4:16 | |
| 10 | Thu | 3:07 | 11.0 | 3:29 | 10.7 | 9:19 | 0.0 | 9:44 | -0.3 | 7:10 | 4:17 | |
| 11 | Fri | 4:06 | 11.0 | 4:35 | 10.1 | 10:23 | 0.0 | 10:42 | 0.2 | 7:09 | 4:18 | |
| 12 | Sat | 5:07 | 11.0 | 5:45 | 9.7 | 11:29 | 0.0 | 11:44 | 0.6 | 7:09 | 4:19 | |
| 13 | Sun | 6:10 | 11.0 | 6:53 | 9.5 | | | 12:35 | 0.0 | 7:08 | 4:21 | |
| 14 | Mon | 7:13 | 11.0 | 7:56 | 9.4 | 12:46 | 0.8 | 1:39 | -0.1 | 7:08 | 4:22 | |
| 15 | Tue | 8:12 | 11.1 | 8:55 | 9.5 | 1:47 | 1.0 | 2:39 | -0.2 | 7:07 | 4:23 | |
| 16 | Wed | 9:06 | 11.1 | 9:48 | 9.5 | 2:45 | 1.0 | 3:33 | -0.3 | 7:07 | 4:24 | |
| 17 | Thu | 9:57 | 11.1 | 10:37 | 9.6 | 3:38 | 1.0 | 4:22 | -0.3 | 7:06 | 4:26 | |
| 18 | Fri | 10:43 | 11.0 | 11:21 | 9.6 | 4:25 | 1.0 | 5:06 | -0.3 | 7:06 | 4:27 | |
| 19 | Sat | 11:26 | 10.9 | | | 5:09 | 1.1 | 5:47 | -0.1 | 7:05 | 4:28 | |
| 20 | Sun | 12:02 | 9.5 | 12:05 | 10.6 | 5:50 | 1.1 | 6:24 | 0.1 | 7:04 | 4:29 | |
| 21 | Mon | 12:40 | 9.5 | 12:42 | 10.3 | 6:29 | 1.2 | 7:00 | 0.3 | 7:04 | 4:31 | |
| 22 | Tue | 1:15 | 9.4 | 1:17 | 10.0 | 7:08 | 1.3 | 7:35 | 0.6 | 7:03 | 4:32 | |
| 23 | Wed | 1:49 | 9.3 | 1:52 | 9.6 | 7:47 | 1.4 | 8:11 | 0.9 | 7:02 | 4:33 | |
| 24 | Thu | 2:22 | 9.3 | 2:32 | 9.2 | 8:29 | 1.5 | 8:49 | 1.3 | 7:01 | 4:35 | |
| 25 | Fri | 2:59 | 9.3 | 3:16 | 8.9 | 9:15 | 1.6 | 9:30 | 1.6 | 7:00 | 4:36 | |
| 26 | Sat | 3:41 | 9.2 | 4:07 | 8.5 | 10:06 | 1.6 | 10:17 | 1.9 | 6:59 | 4:37 | |
| 27 | Sun | 4:29 | 9.3 | 5:04 | 8.3 | 11:01 | 1.6 | 11:09 | 2.0 | 6:58 | 4:39 | |
| 28 | Mon | 5:23 | 9.4 | 6:07 | 8.2 | | | 12:00 | 1.4 | 6:57 | 4:40 | |
| 29 | Tue | 6:20 | 9.6 | 7:11 | 8.4 | 12:04 | 2.1 | 12:59 | 1.1 | 6:56 | 4:41 | |
| 30 | Wed | 7:18 | 10.0 | 8:09 | 8.7 | 1:02 | 1.9 | 1:55 | 0.6 | 6:55 | 4:43 | |
| 31 | Thu | 8:13 | 10.6 | 9:02 | 9.2 | 1:57 | 1.6 | 2:48 | 0.1 | 6:54 | 4:44 | |