

































## Rockland, ME - Aug 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:07	10.1	2:37	9.5	8:22	0.5	8:36	1.2	5:25	7:59	
2	Sat	2:45	9.7	3:12	9.4	8:58	0.9	9:18	1.3	5:26	7:58	
3	Sun	3:24	9.3	3:48	9.3	9:36	1.2	10:03	1.5	5:27	7:57	
4	Mon	4:07	8.9	4:29	9.3	10:17	1.6	10:52	1.6	5:28	7:56	
5	Tue	4:56	8.5	5:16	9.2	11:03	1.9	11:46	1.6	5:30	7:54	
6	Wed	5:52	8.3	6:08	9.3	11:54	2.1			5:31	7:53	
7	Thu	6:54	8.2	7:05	9.4	12:43	1.6	12:48	2.2	5:32	7:51	
8	Fri	7:56	8.2	8:02	9.7	1:41	1.3	1:45	2.1	5:33	7:50	
9	Sat	8:52	8.5	8:56	10.2	2:37	1.0	2:39	1.8	5:34	7:49	
10	Sun	9:44	8.9	9:47	10.7	3:29	0.5	3:32	1.4	5:35	7:47	
11	Mon	10:31	9.4	10:36	11.2	4:18	0.0	4:21	0.9	5:36	7:46	
12	Tue	11:15	10.0	11:23	11.6	5:04	-0.5	5:10	0.3	5:37	7:44	
13	Wed	11:59	10.5			5:48	-0.9	5:59	-0.2	5:39	7:43	
14	Thu	12:11	11.8	12:44	11.0	6:33	-1.1	6:48	-0.6	5:40	7:41	
15	Fri	12:59	11.8	1:30	11.4	7:18	-1.2	7:39	-0.8	5:41	7:40	
16	Sat	1:50	11.6	2:18	11.6	8:05	-1.0	8:33	-0.9	5:42	7:38	
17	Sun	2:43	11.2	3:09	11.6	8:55	-0.6	9:29	-0.8	5:43	7:36	
18	Mon	3:41	10.7	4:05	11.4	9:48	-0.2	10:30	-0.5	5:44	7:35	
19	Tue	4:44	10.1	5:07	11.2	10:46	0.4	11:35	-0.2	5:45	7:33	
20	Wed	5:53	9.6	6:14	10.9	11:49	0.8			5:47	7:32	
21	Thu	7:03	9.4	7:22	10.8	12:43	0.0	12:55	1.1	5:48	7:30	
22	Fri	8:09	9.3	8:26	10.8	1:50	0.0	2:02	1.2	5:49	7:28	
23	Sat	9:09	9.4	9:24	10.9	2:52	0.0	3:03	1.1	5:50	7:27	
24	Sun	10:03	9.6	10:17	10.9	3:48	-0.1	3:58	0.9	5:51	7:25	
25	Mon	10:52	9.8	11:04	10.9	4:38	-0.1	4:47	0.8	5:52	7:23	
26	Tue	11:36	9.9	11:47	10.7	5:22	-0.1	5:31	0.7	5:53	7:22	
27	Wed			12:16	9.9	6:01	0.1	6:12	0.7	5:55	7:20	
28	Thu	12:27	10.5	12:52	9.9	6:37	0.3	6:49	0.8	5:56	7:18	
29	Fri	1:03	10.2	1:24	9.8	7:11	0.6	7:25	0.8	5:57	7:16	
30	Sat	1:37	9.8	1:53	9.7	7:43	0.9	8:02	0.9	5:58	7:15	
31	Sun	2:10	9.5	2:23	9.6	8:17	1.2	8:41	1.1	5:59	7:13	