

Rockland, ME - Jul 2068

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:37	11.2	1:15	9.9	6:57	-0.5	7:04	0.8	4:57	8:23	
2	Mon	1:20	10.9	1:57	9.7	7:39	-0.2	7:46	1.0	4:58	8:23	
3	Tue	2:00	10.5	2:38	9.6	8:19	0.1	8:29	1.2	4:59	8:22	
4	Wed	2:40	10.1	3:18	9.5	8:58	0.4	9:12	1.4	4:59	8:22	
5	Thu	3:20	9.7	3:58	9.4	9:39	0.7	9:58	1.5	5:00	8:22	
6	Fri	4:03	9.3	4:39	9.3	10:21	1.0	10:47	1.6	5:01	8:21	
7	Sat	4:51	9.0	5:24	9.3	11:05	1.3	11:39	1.6	5:01	8:21	
8	Sun	5:43	8.7	6:12	9.4	11:53	1.5			5:02	8:21	
9	Mon	6:40	8.6	7:03	9.6	12:34	1.5	12:43	1.7	5:03	8:20	
10	Tue	7:38	8.6	7:54	9.8	1:29	1.3	1:35	1.7	5:04	8:20	
11	Wed	8:34	8.7	8:43	10.2	2:22	1.0	2:26	1.5	5:04	8:19	
12	Thu	9:26	9.0	9:32	10.6	3:13	0.6	3:16	1.3	5:05	8:18	
13	Fri	10:14	9.3	10:19	11.1	4:02	0.1	4:05	0.9	5:06	8:18	
14	Sat	11:01	9.8	11:06	11.5	4:49	-0.4	4:54	0.6	5:07	8:17	
15	Sun	11:46	10.2	11:53	11.8	5:35	-0.8	5:42	0.2	5:08	8:16	
16	Mon			12:33	10.6	6:21	-1.2	6:32	-0.2	5:09	8:16	
17	Tue	12:42	12.0	1:20	11.0	7:08	-1.4	7:23	-0.4	5:10	8:15	
18	Wed	1:32	11.9	2:09	11.2	7:56	-1.4	8:16	-0.5	5:11	8:14	
19	Thu	2:25	11.7	3:01	11.4	8:46	-1.2	9:12	-0.6	5:12	8:13	
20	Fri	3:22	11.3	3:57	11.4	9:39	-0.9	10:12	-0.5	5:13	8:12	
21	Sat	4:23	10.8	4:56	11.3	10:35	-0.5	11:14	-0.3	5:14	8:11	
22	Sun	5:29	10.4	5:59	11.3	11:34	-0.1			5:15	8:10	
23	Mon	6:37	10.0	7:03	11.2	12:20	-0.2	12:36	0.3	5:16	8:10	
24	Tue	7:44	9.8	8:05	11.2	1:26	-0.2	1:39	0.5	5:17	8:09	
25	Wed	8:46	9.8	9:04	11.2	2:29	-0.3	2:40	0.6	5:18	8:07	
26	Thu	9:44	9.8	9:59	11.2	3:28	-0.3	3:37	0.7	5:19	8:06	
27	Fri	10:36	9.9	10:49	11.2	4:21	-0.4	4:29	0.7	5:20	8:05	
28	Sat	11:24	9.9	11:35	11.1	5:09	-0.4	5:17	0.7	5:21	8:04	
29	Sun			12:09	9.9	5:53	-0.3	6:00	0.7	5:22	8:03	
30	Mon	12:17	10.9	12:49	9.8	6:33	-0.1	6:41	0.8	5:23	8:02	
31	Tue	12:57	10.6	1:27	9.8	7:10	0.1	7:19	0.9	5:24	8:01	