

Rockland, ME - Jan 2069

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:37	10.9	5:08	10.2	10:57	0.1	11:18	0.0	7:11	4:09	
2	Wed	5:42	11.1	6:19	10.0			12:04	-0.1	7:11	4:10	
3	Thu	6:46	11.3	7:27	10.1	12:20	0.2	1:09	-0.4	7:11	4:11	
4	Fri	7:48	11.6	8:29	10.2	1:22	0.2	2:11	-0.7	7:11	4:12	
5	Sat	8:46	11.8	9:26	10.3	2:22	0.2	3:08	-1.0	7:11	4:13	
6	Sun	9:40	11.9	10:18	10.4	3:18	0.1	4:01	-1.1	7:10	4:14	
7	Mon	10:30	11.9	11:08	10.5	4:10	0.1	4:51	-1.1	7:10	4:15	
8	Tue	11:18	11.7	11:55	10.4	5:00	0.2	5:37	-1.0	7:10	4:16	
9	Wed			12:03	11.4	5:46	0.3	6:21	-0.7	7:10	4:17	
10	Thu	12:39	10.2	12:46	11.0	6:31	0.5	7:02	-0.3	7:09	4:18	
11	Fri	1:21	10.1	1:28	10.5	7:14	0.8	7:43	0.1	7:09	4:19	
12	Sat	2:03	9.8	2:09	10.0	7:58	1.0	8:24	0.5	7:08	4:20	
13	Sun	2:44	9.6	2:52	9.5	8:44	1.3	9:06	0.9	7:08	4:22	
14	Mon	3:26	9.5	3:39	9.1	9:32	1.5	9:51	1.3	7:08	4:23	
15	Tue	4:12	9.4	4:32	8.8	10:24	1.6	10:39	1.5	7:07	4:24	
16	Wed	5:01	9.3	5:30	8.5	11:19	1.6	11:30	1.7	7:06	4:25	
17	Thu	5:54	9.4	6:30	8.5			12:16	1.5	7:06	4:26	
18	Fri	6:47	9.6	7:27	8.6	12:23	1.8	1:11	1.2	7:05	4:28	
19	Sat	7:37	9.9	8:18	8.8	1:16	1.7	2:02	0.8	7:04	4:29	
20	Sun	8:25	10.3	9:05	9.2	2:06	1.5	2:50	0.4	7:04	4:30	
21	Mon	9:09	10.7	9:48	9.6	2:53	1.1	3:35	-0.1	7:03	4:32	
22	Tue	9:52	11.1	10:30	10.0	3:39	0.8	4:19	-0.5	7:02	4:33	
23	Wed	10:35	11.5	11:12	10.4	4:25	0.3	5:01	-0.9	7:01	4:34	
24	Thu	11:20	11.7	11:55	10.8	5:10	0.0	5:45	-1.1	7:00	4:36	
25	Fri			12:06	11.8	5:58	-0.3	6:30	-1.2	7:00	4:37	
26	Sat	12:40	11.1	12:55	11.7	6:47	-0.5	7:16	-1.2	6:59	4:38	
27	Sun	1:28	11.3	1:47	11.4	7:40	-0.6	8:06	-0.9	6:58	4:40	
28	Mon	2:20	11.4	2:44	11.0	8:36	-0.5	8:59	-0.6	6:57	4:41	
29	Tue	3:16	11.3	3:47	10.5	9:36	-0.4	9:57	-0.2	6:56	4:42	
30	Wed	4:18	11.2	4:56	10.1	10:41	-0.2	10:59	0.2	6:55	4:44	
31	Thu	5:25	11.1	6:07	9.8	11:48	-0.2			6:53	4:45	