

Rockland, ME - Jan 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:55	10.8	2:07	11.2	7:52	0.1	8:24	-0.6	7:11	4:08	
2	Thu	2:47	10.5	3:01	10.5	8:46	0.5	9:14	-0.1	7:11	4:09	
3	Fri	3:39	10.2	3:56	9.9	9:41	0.8	10:05	0.5	7:11	4:10	
4	Sat	4:32	10.0	4:54	9.4	10:38	1.1	10:57	0.9	7:11	4:11	
5	Sun	5:26	9.9	5:52	9.1	11:36	1.2	11:50	1.3	7:11	4:12	
6	Mon	6:19	9.8	6:49	8.9			12:32	1.2	7:10	4:13	
7	Tue	7:10	9.9	7:42	8.9	12:43	1.5	1:26	1.1	7:10	4:14	
8	Wed	7:59	10.0	8:32	8.9	1:33	1.5	2:16	0.9	7:10	4:15	
9	Thu	8:44	10.2	9:19	9.1	2:21	1.5	3:02	0.6	7:10	4:17	
10	Fri	9:26	10.3	10:01	9.2	3:05	1.4	3:44	0.4	7:09	4:18	
11	Sat	10:04	10.5	10:40	9.4	3:46	1.3	4:24	0.2	7:09	4:19	
12	Sun	10:39	10.6	11:15	9.5	4:25	1.1	5:01	0.0	7:09	4:20	
13	Mon	11:13	10.8	11:48	9.7	5:04	1.0	5:38	-0.2	7:08	4:21	
14	Tue	11:48	10.8			5:42	0.8	6:15	-0.3	7:08	4:22	
15	Wed	12:22	9.9	12:27	10.9	6:23	0.7	6:54	-0.3	7:07	4:24	
16	Thu	1:00	10.1	1:10	10.8	7:06	0.5	7:35	-0.3	7:07	4:25	
17	Fri	1:43	10.3	1:57	10.7	7:54	0.4	8:21	-0.2	7:06	4:26	
18	Sat	2:30	10.5	2:49	10.4	8:46	0.4	9:11	0.0	7:05	4:27	
19	Sun	3:23	10.6	3:48	10.1	9:44	0.3	10:06	0.2	7:05	4:29	
20	Mon	4:21	10.8	4:53	9.9	10:47	0.2	11:06	0.3	7:04	4:30	
21	Tue	5:24	11.0	6:05	9.9	11:53	0.0			7:03	4:31	
22	Wed	6:31	11.2	7:16	10.0	12:09	0.3	12:59	-0.4	7:02	4:33	
23	Thu	7:37	11.6	8:21	10.3	1:13	0.2	2:03	-0.8	7:02	4:34	
24	Fri	8:38	11.9	9:20	10.6	2:15	0.0	3:02	-1.1	7:01	4:35	
25	Sat	9:35	12.2	10:15	10.9	3:14	-0.2	3:57	-1.4	7:00	4:37	
26	Sun	10:29	12.3	11:06	11.0	4:09	-0.4	4:48	-1.5	6:59	4:38	
27	Mon	11:19	12.2	11:54	11.1	5:01	-0.5	5:37	-1.4	6:58	4:39	
28	Tue			12:08	11.9	5:51	-0.4	6:23	-1.2	6:57	4:41	
29	Wed	12:41	11.0	12:55	11.4	6:39	-0.2	7:08	-0.8	6:56	4:42	
30	Thu	1:27	10.8	1:41	10.9	7:26	0.1	7:52	-0.3	6:55	4:44	
31	Fri	2:12	10.5	2:28	10.2	8:14	0.4	8:36	0.3	6:54	4:45	