

Rockland, ME - Jul 2070

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:39	9.9	5:15	10.2	11:02	0.4	11:36	0.7	4:57	8:23	
2	Wed	5:37	9.8	6:11	10.6	11:57	0.4			4:58	8:23	
3	Thu	6:41	9.8	7:11	11.0	12:38	0.4	12:55	0.3	4:58	8:23	
4	Fri	7:48	10.0	8:12	11.4	1:40	-0.1	1:54	0.2	4:59	8:22	
5	Sat	8:53	10.2	9:12	11.9	2:41	-0.6	2:54	0.0	5:00	8:22	
6	Sun	9:56	10.5	10:11	12.3	3:41	-1.2	3:52	-0.3	5:00	8:22	
7	Mon	10:54	10.9	11:07	12.6	4:38	-1.6	4:49	-0.5	5:01	8:21	
8	Tue	11:50	11.1			5:33	-1.9	5:45	-0.7	5:02	8:21	
9	Wed	12:02	12.7	12:44	11.3	6:26	-2.0	6:39	-0.7	5:02	8:20	
10	Thu	12:57	12.5	1:37	11.3	7:18	-1.9	7:33	-0.6	5:03	8:20	
11	Fri	1:50	12.2	2:29	11.2	8:09	-1.5	8:28	-0.4	5:04	8:19	
12	Sat	2:44	11.7	3:22	11.0	9:00	-1.1	9:23	0.0	5:05	8:19	
13	Sun	3:39	11.0	4:15	10.7	9:52	-0.5	10:19	0.3	5:06	8:18	
14	Mon	4:35	10.4	5:09	10.4	10:44	0.1	11:16	0.6	5:07	8:17	
15	Tue	5:33	9.8	6:04	10.2	11:37	0.6			5:07	8:17	
16	Wed	6:31	9.4	6:58	10.1	12:15	0.9	12:31	1.0	5:08	8:16	
17	Thu	7:29	9.1	7:51	10.0	1:12	1.0	1:24	1.3	5:09	8:15	
18	Fri	8:24	9.0	8:41	10.0	2:08	1.0	2:16	1.5	5:10	8:14	
19	Sat	9:15	9.0	9:29	10.1	3:00	0.8	3:05	1.5	5:11	8:14	
20	Sun	10:03	9.0	10:13	10.3	3:47	0.7	3:51	1.4	5:12	8:13	
21	Mon	10:47	9.2	10:54	10.4	4:31	0.5	4:34	1.3	5:13	8:12	
22	Tue	11:28	9.3	11:31	10.4	5:11	0.4	5:14	1.2	5:14	8:11	
23	Wed			12:05	9.4	5:49	0.2	5:52	1.1	5:15	8:10	
24	Thu	12:04	10.5	12:38	9.5	6:25	0.1	6:30	1.0	5:16	8:09	
25	Fri	12:37	10.5	1:10	9.7	7:01	0.0	7:08	0.9	5:17	8:08	
26	Sat	1:12	10.6	1:44	9.9	7:37	0.0	7:49	0.8	5:18	8:07	
27	Sun	1:51	10.5	2:22	10.1	8:16	0.0	8:33	0.6	5:19	8:06	
28	Mon	2:35	10.4	3:05	10.3	8:58	0.1	9:21	0.5	5:20	8:05	
29	Tue	3:23	10.3	3:54	10.5	9:44	0.2	10:15	0.4	5:21	8:04	
30	Wed	4:17	10.1	4:47	10.6	10:35	0.3	11:13	0.3	5:22	8:02	
31	Thu	5:17	9.9	5:46	10.8	11:32	0.4			5:24	8:01	