

Rockland, ME - Jan 2074

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:24	10.4	1:31	11.2	7:16	0.5	7:52	-0.6	7:11	4:09	
2	Tue	2:14	10.1	2:21	10.6	8:06	0.8	8:41	-0.1	7:11	4:09	
3	Wed	3:04	9.8	3:13	10.1	8:58	1.2	9:29	0.4	7:11	4:10	
4	Thu	3:55	9.6	4:06	9.6	9:52	1.4	10:19	0.8	7:11	4:11	
5	Fri	4:46	9.5	5:03	9.2	10:48	1.6	11:09	1.2	7:11	4:12	
6	Sat	5:38	9.4	6:00	8.9	11:44	1.6			7:10	4:13	
7	Sun	6:29	9.5	6:56	8.8	12:00	1.4	12:40	1.4	7:10	4:14	
8	Mon	7:18	9.7	7:49	8.8	12:51	1.5	1:32	1.2	7:10	4:16	
9	Tue	8:04	9.9	8:38	8.9	1:39	1.6	2:21	0.9	7:10	4:17	
10	Wed	8:47	10.1	9:23	9.1	2:25	1.5	3:06	0.6	7:09	4:18	
11	Thu	9:27	10.4	10:05	9.2	3:09	1.4	3:48	0.3	7:09	4:19	
12	Fri	10:04	10.6	10:43	9.4	3:50	1.2	4:29	0.0	7:09	4:20	
13	Sat	10:41	10.9	11:20	9.6	4:30	1.1	5:08	-0.3	7:08	4:21	
14	Sun	11:19	11.1	11:57	9.8	5:11	0.9	5:48	-0.5	7:08	4:22	
15	Mon	11:59	11.2			5:53	0.7	6:29	-0.6	7:07	4:24	
16	Tue	12:37	10.1	12:42	11.2	6:37	0.5	7:12	-0.7	7:07	4:25	
17	Wed	1:21	10.3	1:30	11.1	7:25	0.4	7:58	-0.6	7:06	4:26	
18	Thu	2:08	10.4	2:22	10.9	8:17	0.3	8:48	-0.5	7:05	4:27	
19	Fri	3:00	10.6	3:19	10.6	9:14	0.3	9:41	-0.3	7:05	4:29	
20	Sat	3:57	10.7	4:22	10.3	10:15	0.2	10:39	0.0	7:04	4:30	
21	Sun	4:59	10.9	5:32	10.1	11:21	0.1	11:41	0.2	7:03	4:31	
22	Mon	6:04	11.1	6:43	10.0			12:27	-0.2	7:02	4:33	
23	Tue	7:08	11.3	7:50	10.1	12:44	0.3	1:32	-0.5	7:01	4:34	
24	Wed	8:10	11.6	8:52	10.3	1:45	0.2	2:33	-0.8	7:01	4:35	
25	Thu	9:07	11.8	9:48	10.4	2:45	0.2	3:30	-1.1	7:00	4:37	
26	Fri	10:01	11.9	10:40	10.5	3:40	0.1	4:22	-1.2	6:59	4:38	
27	Sat	10:51	11.9	11:29	10.6	4:32	0.0	5:11	-1.2	6:58	4:39	
28	Sun	11:39	11.7			5:21	0.1	5:57	-1.0	6:57	4:41	
29	Mon	12:15	10.5	12:24	11.4	6:07	0.2	6:41	-0.7	6:56	4:42	
30	Tue	12:59	10.3	1:08	10.9	6:53	0.5	7:23	-0.3	6:55	4:44	
31	Wed	1:42	10.1	1:51	10.4	7:37	0.7	8:05	0.2	6:54	4:45	