

Rockland, ME - Jul 2075

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:30	12.5	2:17	11.0	7:58	-1.9	8:12	-0.3	4:57	8:23	
2	Tue	2:27	12.2	3:14	10.9	8:53	-1.6	9:10	-0.1	4:58	8:23	
3	Wed	3:26	11.7	4:12	10.7	9:49	-1.1	10:11	0.2	4:58	8:23	
4	Thu	4:27	11.1	5:10	10.6	10:45	-0.6	11:13	0.4	4:59	8:22	
5	Fri	5:29	10.5	6:08	10.5	11:42	-0.1			4:59	8:22	
6	Sat	6:31	10.0	7:04	10.5	12:15	0.6	12:38	0.3	5:00	8:22	
7	Sun	7:31	9.7	7:58	10.4	1:16	0.6	1:34	0.7	5:01	8:21	
8	Mon	8:28	9.4	8:49	10.4	2:14	0.6	2:26	1.0	5:02	8:21	
9	Tue	9:22	9.3	9:37	10.4	3:08	0.5	3:16	1.2	5:02	8:20	
10	Wed	10:11	9.2	10:22	10.4	3:57	0.5	4:02	1.3	5:03	8:20	
11	Thu	10:57	9.2	11:03	10.4	4:42	0.4	4:44	1.4	5:04	8:19	
12	Fri	11:40	9.2	11:41	10.4	5:23	0.3	5:24	1.5	5:05	8:19	
13	Sat			12:19	9.1	6:02	0.3	6:02	1.5	5:06	8:18	
14	Sun	12:16	10.3	12:55	9.1	6:39	0.3	6:39	1.5	5:06	8:18	
15	Mon	12:49	10.3	1:29	9.1	7:14	0.3	7:16	1.5	5:07	8:17	
16	Tue	1:21	10.2	2:01	9.2	7:50	0.3	7:54	1.5	5:08	8:16	
17	Wed	1:56	10.2	2:35	9.2	8:27	0.4	8:35	1.5	5:09	8:15	
18	Thu	2:36	10.1	3:13	9.4	9:06	0.4	9:19	1.4	5:10	8:15	
19	Fri	3:20	9.9	3:56	9.6	9:48	0.5	10:08	1.3	5:11	8:14	
20	Sat	4:09	9.8	4:44	9.8	10:34	0.6	11:02	1.1	5:12	8:13	
21	Sun	5:04	9.7	5:37	10.1	11:24	0.7			5:13	8:12	
22	Mon	6:03	9.6	6:34	10.5	12:01	0.8	12:19	0.7	5:14	8:11	
23	Tue	7:08	9.6	7:33	10.9	1:02	0.4	1:17	0.6	5:15	8:10	
24	Wed	8:14	9.8	8:34	11.4	2:05	-0.1	2:17	0.4	5:16	8:09	
25	Thu	9:19	10.1	9:33	11.9	3:05	-0.7	3:16	0.2	5:17	8:08	
26	Fri	10:19	10.4	10:32	12.3	4:04	-1.2	4:14	-0.1	5:18	8:07	
27	Sat	11:17	10.8	11:28	12.6	5:00	-1.6	5:10	-0.4	5:19	8:06	
28	Sun			12:11	11.0	5:55	-1.9	6:06	-0.6	5:20	8:05	
29	Mon	12:23	12.6	1:05	11.2	6:48	-1.9	7:00	-0.6	5:21	8:04	
30	Tue	1:17	12.4	1:57	11.2	7:39	-1.7	7:55	-0.5	5:22	8:03	
31	Wed	2:11	12.0	2:50	11.1	8:31	-1.3	8:50	-0.3	5:23	8:01	