

Rockland, ME - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:44	9.7	6:10	9.2			12:08	1.1	7:11	4:08	
2	Thu	6:38	10.2	7:12	9.4	12:23	1.0	1:06	0.6	7:11	4:09	
3	Fri	7:32	10.8	8:12	9.7	1:17	0.8	2:02	-0.1	7:11	4:10	
4	Sat	8:26	11.4	9:09	10.1	2:11	0.6	2:57	-0.7	7:11	4:11	
5	Sun	9:19	11.9	10:05	10.4	3:05	0.3	3:51	-1.3	7:11	4:12	
6	Mon	10:13	12.4	10:59	10.7	3:59	0.0	4:44	-1.7	7:10	4:13	
7	Tue	11:06	12.6	11:52	10.9	4:52	-0.3	5:37	-2.0	7:10	4:14	
8	Wed			12:01	12.6	5:47	-0.4	6:30	-2.0	7:10	4:15	
9	Thu	12:46	11.0	12:56	12.4	6:42	-0.4	7:23	-1.8	7:10	4:16	
10	Fri	1:41	11.0	1:53	12.0	7:39	-0.3	8:17	-1.4	7:09	4:17	
11	Sat	2:38	11.0	2:53	11.4	8:38	-0.1	9:12	-0.9	7:09	4:18	
12	Sun	3:36	10.9	3:55	10.8	9:39	0.1	10:09	-0.4	7:09	4:20	
13	Mon	4:35	10.7	4:59	10.2	10:43	0.3	11:07	0.2	7:08	4:21	
14	Tue	5:33	10.6	6:03	9.8	11:47	0.5			7:08	4:22	
15	Wed	6:31	10.6	7:04	9.5	12:05	0.6	12:49	0.5	7:07	4:23	
16	Thu	7:26	10.5	8:01	9.3	1:02	1.0	1:47	0.4	7:07	4:24	
17	Fri	8:17	10.5	8:53	9.2	1:56	1.2	2:40	0.4	7:06	4:26	
18	Sat	9:05	10.5	9:42	9.2	2:46	1.3	3:28	0.3	7:06	4:27	
19	Sun	9:50	10.5	10:26	9.2	3:31	1.4	4:11	0.2	7:05	4:28	
20	Mon	10:30	10.5	11:07	9.2	4:13	1.4	4:51	0.2	7:04	4:29	
21	Tue	11:08	10.4	11:44	9.2	4:51	1.4	5:28	0.3	7:03	4:31	
22	Wed	11:41	10.3			5:28	1.4	6:03	0.3	7:03	4:32	
23	Thu	12:18	9.2	12:12	10.3	6:03	1.4	6:37	0.4	7:02	4:33	
24	Fri	12:49	9.2	12:44	10.1	6:40	1.4	7:12	0.5	7:01	4:35	
25	Sat	1:20	9.2	1:20	10.0	7:18	1.4	7:48	0.6	7:00	4:36	
26	Sun	1:54	9.3	2:00	9.8	7:59	1.4	8:26	0.7	6:59	4:37	
27	Mon	2:33	9.4	2:46	9.6	8:45	1.4	9:08	0.9	6:58	4:39	
28	Tue	3:17	9.6	3:36	9.4	9:35	1.3	9:56	1.0	6:57	4:40	
29	Wed	4:07	9.8	4:33	9.2	10:31	1.1	10:49	1.1	6:56	4:42	
30	Thu	5:01	10.0	5:36	9.2	11:32	0.8	11:46	1.1	6:55	4:43	
31	Fri	6:00	10.4	6:44	9.3			12:35	0.4	6:54	4:44	