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# Rockland, ME - May 2078

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 1:55 | 9.9 | 2:36 | 8.8 | 8:29 | 0.6 | 8:32 | 2.0 | 5:26 | 7:40 | |
| 2 | Mon | 2:35 | 9.8 | 3:20 | 8.7 | 9:12 | 0.7 | 9:17 | 2.1 | 5:25 | 7:41 | |
| 3 | Tue | 3:22 | 9.7 | 4:10 | 8.6 | 10:01 | 0.8 | 10:08 | 2.2 | 5:23 | 7:42 | |
| 4 | Wed | 4:14 | 9.7 | 5:06 | 8.7 | 10:54 | 0.8 | 11:06 | 2.1 | 5:22 | 7:43 | |
| 5 | Thu | 5:12 | 9.7 | 6:06 | 8.9 | 11:51 | 0.7 | | | 5:21 | 7:45 | |
| 6 | Fri | 6:15 | 9.9 | 7:07 | 9.4 | 12:09 | 1.8 | 12:50 | 0.5 | 5:19 | 7:46 | |
| 7 | Sat | 7:20 | 10.2 | 8:04 | 10.1 | 1:12 | 1.3 | 1:46 | 0.1 | 5:18 | 7:47 | |
| 8 | Sun | 8:22 | 10.5 | 8:57 | 10.8 | 2:12 | 0.6 | 2:41 | -0.2 | 5:17 | 7:48 | |
| 9 | Mon | 9:22 | 10.9 | 9:49 | 11.5 | 3:10 | -0.2 | 3:33 | -0.5 | 5:16 | 7:49 | |
| 10 | Tue | 10:19 | 11.1 | 10:39 | 12.1 | 4:06 | -0.9 | 4:24 | -0.7 | 5:14 | 7:50 | |
| 11 | Wed | 11:14 | 11.3 | 11:29 | 12.4 | 5:00 | -1.5 | 5:15 | -0.7 | 5:13 | 7:52 | |
| 12 | Thu | | | 12:08 | 11.2 | 5:53 | -1.9 | 6:05 | -0.6 | 5:12 | 7:53 | |
| 13 | Fri | 12:19 | 12.6 | 1:03 | 11.0 | 6:46 | -2.0 | 6:57 | -0.3 | 5:11 | 7:54 | |
| 14 | Sat | 1:11 | 12.4 | 1:58 | 10.7 | 7:40 | -1.8 | 7:50 | 0.1 | 5:10 | 7:55 | |
| 15 | Sun | 2:05 | 12.0 | 2:55 | 10.3 | 8:35 | -1.4 | 8:46 | 0.5 | 5:09 | 7:56 | |
| 16 | Mon | 3:02 | 11.5 | 3:55 | 9.9 | 9:32 | -0.9 | 9:45 | 1.0 | 5:08 | 7:57 | |
| 17 | Tue | 4:02 | 10.9 | 4:55 | 9.6 | 10:31 | -0.4 | 10:47 | 1.3 | 5:07 | 7:58 | |
| 18 | Wed | 5:05 | 10.4 | 5:56 | 9.5 | 11:31 | 0.1 | 11:51 | 1.5 | 5:06 | 7:59 | |
| 19 | Thu | 6:09 | 10.0 | 6:54 | 9.5 | | | 12:30 | 0.5 | 5:05 | 8:00 | |
| 20 | Fri | 7:09 | 9.7 | 7:48 | 9.6 | 12:54 | 1.5 | 1:25 | 0.7 | 5:04 | 8:01 | |
| 21 | Sat | 8:06 | 9.5 | 8:38 | 9.7 | 1:52 | 1.4 | 2:17 | 0.9 | 5:03 | 8:02 | |
| 22 | Sun | 8:58 | 9.4 | 9:23 | 9.9 | 2:46 | 1.2 | 3:03 | 1.0 | 5:02 | 8:03 | |
| 23 | Mon | 9:47 | 9.4 | 10:05 | 10.0 | 3:34 | 1.0 | 3:46 | 1.1 | 5:01 | 8:04 | |
| 24 | Tue | 10:31 | 9.3 | 10:43 | 10.1 | 4:17 | 0.7 | 4:25 | 1.3 | 5:00 | 8:05 | |
| 25 | Wed | 11:13 | 9.3 | 11:17 | 10.2 | 4:58 | 0.6 | 5:02 | 1.4 | 5:00 | 8:06 | |
| 26 | Thu | 11:52 | 9.2 | 11:49 | 10.2 | 5:36 | 0.4 | 5:38 | 1.5 | 4:59 | 8:07 | |
| 27 | Fri | | | 12:28 | 9.1 | 6:13 | 0.4 | 6:13 | 1.6 | 4:58 | 8:08 | |
| 28 | Sat | 12:20 | 10.2 | 1:03 | 9.0 | 6:50 | 0.3 | 6:50 | 1.7 | 4:58 | 8:09 | |
| 29 | Sun | 12:54 | 10.2 | 1:38 | 8.9 | 7:28 | 0.3 | 7:28 | 1.8 | 4:57 | 8:10 | |
| 30 | Mon | 1:31 | 10.2 | 2:17 | 8.9 | 8:08 | 0.3 | 8:09 | 1.9 | 4:56 | 8:11 | |
| 31 | Tue | 2:13 | 10.2 | 3:00 | 8.9 | 8:51 | 0.4 | 8:55 | 1.9 | 4:56 | 8:12 | |