US HARBORS www.USHarbors.com

Rockland, ME - Aug 2078

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**5:15**	10.1	**5:45**	10.9	**11:26**	0.3			5:25	8:00	
2	Tue	**6:23**	9.7	**6:48**	11.0	**12:11**	0.0	**12:26**	0.6	5:26	7:59	
3	Wed	**7:34**	9.6	**7:53**	11.2	**1:17**	-0.1	**1:29**	0.7	5:27	7:57	
4	Thu	**8:41**	9.6	**8:56**	11.4	**2:23**	-0.4	**2:32**	0.7	5:28	7:56	
5	Fri	**9:43**	9.8	**9:55**	11.5	**3:25**	-0.6	**3:33**	0.7	5:29	7:55	
6	Sat	**10:39**	9.9	**10:50**	11.6	**4:22**	-0.8	**4:30**	0.5	5:30	7:53	
7	Sun	**11:31**	10.1	**11:41**	11.6	**5:15**	-0.9	**5:22**	0.4	5:31	7:52	
8	Mon			**12:20**	10.1	**6:04**	-0.8	**6:12**	0.4	5:33	7:51	
9	Tue	**12:29**	11.4	**1:05**	10.1	**6:49**	-0.6	**6:58**	0.5	5:34	7:49	
10	Wed	**1:14**	11.1	**1:48**	10.0	**7:32**	-0.4	**7:42**	0.7	5:35	7:48	
11	Thu	**1:57**	10.7	**2:29**	9.9	**8:13**	0.0	**8:26**	0.9	5:36	7:46	
12	Fri	**2:39**	10.2	**3:09**	9.7	**8:52**	0.5	**9:10**	1.1	5:37	7:45	
13	Sat	**3:21**	9.7	**3:48**	9.5	**9:32**	0.9	**9:56**	1.3	5:38	7:43	
14	Sun	**4:06**	9.2	**4:30**	9.3	**10:14**	1.4	**10:45**	1.5	5:39	7:42	
15	Mon	**4:55**	8.7	**5:15**	9.2	**10:59**	1.8	**11:38**	1.6	5:41	7:40	
16	Tue	**5:50**	8.4	**6:06**	9.2	**11:49**	2.1			5:42	7:39	
17	Wed	**6:51**	8.2	**7:02**	9.2	**12:34**	1.6	**12:42**	2.2	5:43	7:37	
18	Thu	**7:51**	8.2	**7:58**	9.4	**1:32**	1.5	**1:38**	2.2	5:44	7:36	
19	Fri	**8:47**	8.4	**8:50**	9.7	**2:27**	1.2	**2:31**	2.1	5:45	7:34	
20	Sat	**9:36**	8.7	**9:38**	10.1	**3:19**	0.9	**3:21**	1.8	5:46	7:32	
21	Sun	**10:21**	9.0	**10:23**	10.6	**4:06**	0.5	**4:09**	1.4	5:47	7:31	
22	Mon	**11:03**	9.5	**11:06**	11.0	**4:50**	0.0	**4:54**	0.9	5:49	7:29	
23	Tue	**11:43**	9.9	**11:49**	11.3	**5:32**	-0.3	**5:38**	0.5	5:50	7:27	
24	Wed			**12:23**	10.4	**6:13**	-0.6	**6:24**	0.0	5:51	7:26	
25	Thu	**12:33**	11.5	**1:04**	10.8	**6:55**	-0.8	**7:10**	-0.3	5:52	7:24	
26	Fri	**1:19**	11.5	**1:48**	11.1	**7:38**	-0.8	**8:00**	-0.5	5:53	7:22	
27	Sat	**2:08**	11.3	**2:35**	11.3	**8:24**	-0.6	**8:52**	-0.6	5:54	7:20	
28	Sun	**3:01**	10.9	**3:26**	11.3	**9:14**	-0.3	**9:49**	-0.5	5:55	7:19	
29	Mon	**3:59**	10.4	**4:23**	11.2	**10:07**	0.2	**10:51**	-0.3	5:56	7:17	
30	Tue	**5:04**	9.9	**5:26**	11.0	**11:07**	0.6	**11:57**	-0.2	5:58	7:15	
31	Wed	**6:16**	9.6	**6:34**	10.9			**12:11**	0.9	5:59	7:13	