US HARBORS www.USHarbors.com

Rockland, ME - Jan 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:34**	10.2	**10:14**	8.9	**3:16**	1.7	**3:58**	0.5	7:11	4:08	
2	Mon	**10:12**	10.3	**10:53**	8.9	**3:56**	1.7	**4:37**	0.4	7:11	4:09	
3	Tue	**10:47**	10.4	**11:30**	9.0	**4:34**	1.7	**5:15**	0.3	7:11	4:10	
4	Wed	**11:21**	10.4			**5:12**	1.6	**5:52**	0.2	7:11	4:11	
5	Thu	**12:04**	9.0	**11:57 AM**	10.5	**5:50**	1.5	**6:29**	0.1	7:11	4:12	
6	Fri	**12:39**	9.1	**12:35**	10.5	**6:30**	1.4	**7:08**	0.1	7:10	4:13	
7	Sat	**1:16**	9.3	**1:17**	10.5	**7:12**	1.3	**7:48**	0.1	7:10	4:14	
8	Sun	**1:57**	9.5	**2:03**	10.4	**7:59**	1.2	**8:32**	0.1	7:10	4:15	
9	Mon	**2:42**	9.7	**2:54**	10.1	**8:50**	1.1	**9:19**	0.3	7:10	4:16	
10	Tue	**3:32**	10.0	**3:51**	9.9	**9:47**	0.9	**10:11**	0.4	7:09	4:18	
11	Wed	**4:26**	10.3	**4:54**	9.7	**10:49**	0.6	**11:08**	0.6	7:09	4:19	
12	Thu	**5:25**	10.6	**6:02**	9.5	**11:53**	0.3			7:09	4:20	
13	Fri	**6:27**	11.0	**7:12**	9.6	**12:08**	0.7	**12:59**	-0.1	7:08	4:21	
14	Sat	**7:30**	11.3	**8:19**	9.8	**1:09**	0.7	**2:02**	-0.6	7:08	4:22	
15	Sun	**8:31**	11.7	**9:20**	10.0	**2:10**	0.6	**3:02**	-1.0	7:07	4:23	
16	Mon	**9:30**	12.0	**10:17**	10.3	**3:10**	0.4	**3:59**	-1.3	7:07	4:25	
17	Tue	**10:25**	12.2	**11:10**	10.4	**4:06**	0.2	**4:53**	-1.5	7:06	4:26	
18	Wed	**11:18**	12.2			**5:00**	0.1	**5:44**	-1.4	7:05	4:27	
19	Thu	**12:01**	10.5	**12:10**	12.0	**5:53**	0.1	**6:33**	-1.2	7:05	4:28	
20	Fri	**12:51**	10.5	**1:00**	11.5	**6:44**	0.2	**7:20**	-0.8	7:04	4:30	
21	Sat	**1:39**	10.4	**1:49**	11.0	**7:34**	0.4	**8:07**	-0.3	7:03	4:31	
22	Sun	**2:26**	10.2	**2:39**	10.3	**8:25**	0.7	**8:53**	0.2	7:02	4:32	
23	Mon	**3:14**	9.9	**3:30**	9.7	**9:17**	1.0	**9:39**	0.8	7:02	4:34	
24	Tue	**4:03**	9.7	**4:25**	9.1	**10:11**	1.3	**10:28**	1.3	7:01	4:35	
25	Wed	**4:53**	9.5	**5:22**	8.7	**11:07**	1.4	**11:19**	1.7	7:00	4:36	
26	Thu	**5:45**	9.4	**6:21**	8.4			**12:04**	1.5	6:59	4:38	
27	Fri	**6:38**	9.4	**7:18**	8.3	**12:12**	2.0	**1:01**	1.4	6:58	4:39	
28	Sat	**7:30**	9.5	**8:12**	8.4	**1:05**	2.1	**1:54**	1.2	6:57	4:41	
29	Sun	**8:19**	9.7	**9:01**	8.6	**1:56**	2.1	**2:44**	1.0	6:56	4:42	
30	Mon	**9:04**	10.0	**9:45**	8.8	**2:44**	1.9	**3:29**	0.7	6:55	4:43	
31	Tue	**9:45**	10.2	**10:26**	9.0	**3:28**	1.7	**4:10**	0.4	6:54	4:45	