US HARBORS www.USHarbors.com

Rockland, ME - Mar 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**9:14**	10.2	**9:51**	9.3	**2:57**	1.6	**3:37**	0.4	6:12	5:24	
2	Thu	**9:55**	10.6	**10:28**	9.7	**3:41**	1.1	**4:16**	0.0	6:10	5:26	
3	Fri	**10:34**	10.9	**11:04**	10.2	**4:23**	0.7	**4:54**	-0.3	6:09	5:27	
4	Sat	**11:14**	11.1	**11:41**	10.6	**5:05**	0.2	**5:33**	-0.4	6:07	5:28	
5	Sun	**11:56**	11.2			**5:48**	-0.1	**6:12**	-0.5	6:05	5:29	
6	Mon	**12:20**	10.9	**12:40**	11.0	**6:33**	-0.4	**6:54**	-0.4	6:03	5:31	
7	Tue	**1:02**	11.2	**1:29**	10.8	**7:21**	-0.5	**7:39**	-0.1	6:02	5:32	
8	Wed	**1:49**	11.2	**2:22**	10.3	**8:13**	-0.5	**8:29**	0.3	6:00	5:33	
9	Thu	**2:41**	11.1	**3:21**	9.9	**9:11**	-0.3	**9:26**	0.7	5:58	5:35	
10	Fri	**3:40**	10.9	**4:30**	9.4	**10:15**	-0.1	**10:29**	1.1	5:56	5:36	
11	Sat	**4:47**	10.8	**5:45**	9.3	**11:24**	0.0	**11:38**	1.3	5:54	5:37	
12	Sun	**7:01**	10.7	**7:57**	9.3			**1:34**	0.0	6:53	6:38	
13	Mon	**8:12**	10.8	**9:01**	9.6	**1:49**	1.2	**2:40**	-0.2	6:51	6:40	
14	Tue	**9:16**	11.0	**9:58**	10.0	**2:55**	0.9	**3:40**	-0.4	6:49	6:41	
15	Wed	**10:13**	11.2	**10:49**	10.3	**3:54**	0.6	**4:33**	-0.5	6:47	6:42	
16	Thu	**11:04**	11.3	**11:35**	10.6	**4:47**	0.2	**5:20**	-0.6	6:45	6:43	
17	Fri	**11:51**	11.2			**5:36**	0.0	**6:03**	-0.4	6:44	6:45	
18	Sat	**12:18**	10.7	**12:35**	10.9	**6:20**	0.0	**6:43**	-0.1	6:42	6:46	
19	Sun	**12:57**	10.6	**1:16**	10.5	**7:02**	0.0	**7:20**	0.3	6:40	6:47	
20	Mon	**1:34**	10.5	**1:56**	10.1	**7:42**	0.2	**7:56**	0.7	6:38	6:48	
21	Tue	**2:08**	10.2	**2:34**	9.6	**8:21**	0.4	**8:33**	1.2	6:36	6:50	
22	Wed	**2:42**	9.9	**3:14**	9.1	**9:02**	0.7	**9:11**	1.6	6:34	6:51	
23	Thu	**3:19**	9.6	**3:58**	8.7	**9:46**	1.0	**9:54**	2.0	6:33	6:52	
24	Fri	**4:01**	9.4	**4:48**	8.3	**10:35**	1.3	**10:43**	2.4	6:31	6:53	
25	Sat	**4:51**	9.1	**5:47**	8.1	**11:30**	1.5	**11:38**	2.5	6:29	6:55	
26	Sun	**5:50**	9.0	**6:51**	8.1			**12:29**	1.6	6:27	6:56	
27	Mon	**6:53**	9.1	**7:51**	8.3	**12:38**	2.5	**1:28**	1.5	6:25	6:57	
28	Tue	**7:54**	9.4	**8:43**	8.6	**1:37**	2.3	**2:23**	1.2	6:24	6:58	
29	Wed	**8:48**	9.7	**9:29**	9.1	**2:32**	1.9	**3:12**	0.8	6:22	6:59	
30	Thu	**9:37**	10.2	**10:10**	9.7	**3:23**	1.3	**3:56**	0.4	6:20	7:01	
31	Fri	**10:22**	10.6	**10:50**	10.3	**4:10**	0.7	**4:38**	0.0	6:18	7:02	