US HARBORS www.USHarbors.com

Rockland, ME - Jul 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:54**	12.4	**1:42**	10.6	**7:24**	-1.7	**7:34**	0.0	4:57	8:23	
2	Sun	**1:50**	12.1	**2:37**	10.5	**8:18**	-1.4	**8:31**	0.2	4:58	8:23	
3	Mon	**2:47**	11.7	**3:32**	10.4	**9:11**	-1.0	**9:28**	0.4	4:58	8:23	
4	Tue	**3:44**	11.1	**4:27**	10.3	**10:05**	-0.5	**10:27**	0.7	4:59	8:22	
5	Wed	**4:43**	10.5	**5:22**	10.2	**10:58**	0.0	**11:28**	0.9	4:59	8:22	
6	Thu	**5:42**	9.9	**6:17**	10.1	**11:52**	0.5			5:00	8:22	
7	Fri	**6:42**	9.4	**7:10**	10.0	**12:27**	1.0	**12:45**	1.0	5:01	8:21	
8	Sat	**7:40**	9.1	**8:02**	10.0	**1:26**	1.0	**1:37**	1.3	5:02	8:21	
9	Sun	**8:35**	8.9	**8:51**	10.0	**2:21**	0.9	**2:28**	1.6	5:02	8:20	
10	Mon	**9:28**	8.8	**9:38**	10.0	**3:13**	0.8	**3:16**	1.7	5:03	8:20	
11	Tue	**10:16**	8.8	**10:21**	10.1	**4:01**	0.7	**4:02**	1.8	5:04	8:19	
12	Wed	**11:01**	8.8	**11:02**	10.2	**4:45**	0.6	**4:44**	1.8	5:05	8:19	
13	Thu	**11:43**	8.8	**11:40**	10.2	**5:26**	0.5	**5:24**	1.8	5:06	8:18	
14	Fri			**12:21**	8.9	**6:05**	0.4	**6:02**	1.7	5:06	8:18	
15	Sat	**12:15**	10.3	**12:57**	8.9	**6:42**	0.4	**6:40**	1.6	5:07	8:17	
16	Sun	**12:48**	10.3	**1:30**	9.0	**7:18**	0.3	**7:18**	1.6	5:08	8:16	
17	Mon	**1:23**	10.3	**2:03**	9.2	**7:54**	0.3	**7:58**	1.5	5:09	8:15	
18	Tue	**2:02**	10.3	**2:40**	9.4	**8:31**	0.3	**8:41**	1.3	5:10	8:15	
19	Wed	**2:44**	10.2	**3:20**	9.6	**9:11**	0.3	**9:28**	1.2	5:11	8:14	
20	Thu	**3:31**	10.0	**4:05**	9.9	**9:55**	0.4	**10:20**	1.0	5:12	8:13	
21	Fri	**4:23**	9.8	**4:55**	10.2	**10:42**	0.6	**11:17**	0.8	5:13	8:12	
22	Sat	**5:20**	9.6	**5:50**	10.4	**11:35**	0.7			5:14	8:11	
23	Sun	**6:24**	9.4	**6:49**	10.8	**12:18**	0.5	**12:32**	0.8	5:15	8:10	
24	Mon	**7:32**	9.4	**7:51**	11.1	**1:22**	0.1	**1:33**	0.8	5:16	8:09	
25	Tue	**8:40**	9.6	**8:54**	11.5	**2:26**	-0.3	**2:34**	0.7	5:17	8:08	
26	Wed	**9:44**	9.8	**9:55**	11.9	**3:28**	-0.8	**3:35**	0.5	5:18	8:07	
27	Thu	**10:44**	10.1	**10:54**	12.2	**4:27**	-1.2	**4:34**	0.2	5:19	8:06	
28	Fri	**11:40**	10.4	**11:49**	12.3	**5:23**	-1.4	**5:31**	0.0	5:20	8:05	
29	Sat			**12:33**	10.6	**6:16**	-1.5	**6:25**	-0.2	5:21	8:04	
30	Sun	**12:43**	12.2	**1:24**	10.7	**7:07**	-1.4	**7:18**	-0.1	5:22	8:03	
31	Mon	**1:35**	11.9	**2:13**	10.7	**7:56**	-1.1	**8:11**	0.0	5:23	8:01	