US HARBORS www.USHarbors.com

Rockland, ME - Aug 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:27	11.4	3:03	10.6	8:44	-0.7	9:04	0.2	5:24	8:00	
2	Wed	3:18	10.8	3:52	10.4	9:32	-0.1	9:57	0.5	5:26	7:59	
3	Thu	4:12	10.1	4:42	10.1	10:20	0.5	10:52	0.8	5:27	7:58	
4	Fri	5:07	9.4	5:33	9.9	11:10	1.1	11:48	1.1	5:28	7:56	
5	Sat	6:05	8.9	6:27	9.7			12:02	1.6	5:29	7:55	
6	Sun	7:04	8.6	7:21	9.6	12:46	1.2	12:56	1.9	5:30	7:54	
7	Mon	8:02	8.5	8:14	9.6	1:44	1.3	1:50	2.1	5:31	7:52	
8	Tue	8:56	8.5	9:05	9.7	2:38	1.2	2:43	2.1	5:32	7:51	
9	Wed	9:46	8.6	9:52	9.9	3:29	1.0	3:31	2.0	5:33	7:50	
10	Thu	10:32	8.7	10:35	10.1	4:15	0.8	4:16	1.8	5:35	7:48	
11	Fri	11:13	8.9	11:14	10.3	4:57	0.6	4:57	1.6	5:36	7:47	
12	Sat	11:51	9.1	11:50	10.4	5:36	0.4	5:37	1.3	5:37	7:45	
13	Sun			12:25	9.4	6:12	0.2	6:15	1.1	5:38	7:44	
14	Mon	12:24	10.5	12:57	9.6	6:47	0.1	6:53	0.9	5:39	7:42	
15	Tue	1:00	10.6	1:30	9.9	7:23	0.1	7:34	0.7	5:40	7:41	
16	Wed	1:39	10.5	2:07	10.1	8:00	0.1	8:17	0.5	5:41	7:39	
17	Thu	2:21	10.4	2:48	10.3	8:40	0.2	9:04	0.4	5:43	7:38	
18	Fri	3:09	10.1	3:34	10.5	9:24	0.4	9:57	0.3	5:44	7:36	
19	Sat	4:02	9.8	4:26	10.6	10:14	0.7	10:55	0.3	5:45	7:34	
20	Sun	5:02	9.5	5:24	10.6	11:10	0.9	11:59	0.2	5:46	7:33	
21	Mon	6:10	9.3	6:29	10.8			12:12	1.1	5:47	7:31	
22	Tue	7:23	9.3	7:39	11.0	1:07	0.0	1:18	1.1	5:48	7:29	
23	Wed	8:33	9.5	8:47	11.3	2:14	-0.2	2:24	0.9	5:49	7:28	
24	Thu	9:36	9.8	9:49	11.6	3:17	-0.6	3:27	0.5	5:51	7:26	
25	Fri	10:33	10.2	10:46	11.9	4:15	-0.9	4:26	0.2	5:52	7:24	
26	Sat	11:25	10.6	11:39	11.9	5:09	-1.1	5:20	-0.1	5:53	7:23	
27	Sun			12:14	10.8	5:58	-1.2	6:11	-0.3	5:54	7:21	
28	Mon	12:29	11.8	1:00	10.9	6:44	-1.0	7:00	-0.3	5:55	7:19	
29	Tue	1:17	11.4	1:44	10.8	7:29	-0.6	7:48	-0.1	5:56	7:17	
30	Wed	2:03	10.9	2:28	10.6	8:12	-0.1	8:35	0.1	5:57	7:16	
31	Thu	2:50	10.3	3:11	10.3	8:55	0.5	9:23	0.5	5:59	7:14	