US HARBORS www.USHarbors.com

Rockland, ME - Dec 2079

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:04	8.6	4:04	9.2	10:03	2.3	10:38	1.1	6:51	3:59	
2	Sat	4:55	8.8	5:01	9.2	11:00	2.0	11:29	1.1	6:52	3:59	
3	Sun	5:46	9.3	6:00	9.3	11:57	1.6			6:53	3:58	
4	Mon	6:36	9.8	6:58	9.5	12:19	0.9	12:53	1.0	6:54	3:58	
5	Tue	7:24	10.4	7:55	9.8	1:09	0.7	1:47	0.3	6:55	3:58	
6	Wed	8:12	11.1	8:49	10.0	1:59	0.5	2:39	-0.4	6:56	3:58	
7	Thu	9:01	11.6	9:43	10.3	2:48	0.3	3:31	-1.0	6:57	3:58	
8	Fri	9:51	12.1	10:36	10.5	3:38	0.1	4:23	-1.5	6:58	3:57	
9	Sat	10:42	12.4	11:29	10.6	4:29	0.0	5:15	-1.8	6:59	3:57	
10	Sun	11:35	12.5			5:22	0.0	6:09	-1.8	7:00	3:57	
11	Mon	12:24	10.5	12:30	12.4	6:16	0.0	7:03	-1.7	7:01	3:57	
12	Tue	1:21	10.5	1:28	12.0	7:13	0.2	8:00	-1.3	7:02	3:58	
13	Wed	2:20	10.4	2:29	11.5	8:13	0.4	8:58	-0.9	7:03	3:58	
14	Thu	3:20	10.3	3:33	11.0	9:17	0.6	9:57	-0.5	7:03	3:58	
15	Fri	4:22	10.3	4:39	10.5	10:23	0.7	10:56	-0.1	7:04	3:58	
16	Sat	5:22	10.3	5:44	10.0	11:29	0.8	11:54	0.3	7:05	3:58	
17	Sun	6:20	10.4	6:46	9.7			12:32	0.7	7:05	3:59	
18	Mon	7:14	10.5	7:44	9.5	12:50	0.6	1:31	0.5	7:06	3:59	
19	Tue	8:05	10.5	8:38	9.4	1:43	0.9	2:25	0.4	7:07	3:59	
20	Wed	8:52	10.6	9:27	9.3	2:32	1.2	3:14	0.3	7:07	4:00	
21	Thu	9:36	10.5	10:13	9.2	3:18	1.4	3:58	0.2	7:08	4:00	
22	Fri	10:16	10.4	10:55	9.1	4:00	1.5	4:39	0.2	7:08	4:01	
23	Sat	10:54	10.3	11:35	9.0	4:39	1.6	5:18	0.3	7:09	4:01	
24	Sun	11:29	10.2			5:16	1.7	5:55	0.4	7:09	4:02	
25	Mon	12:12	8.9	12:02	10.1	5:52	1.8	6:31	0.4	7:09	4:03	
26	Tue	12:47	8.8	12:35	10.0	6:29	1.9	7:08	0.5	7:10	4:03	
27	Wed	1:21	8.8	1:12	9.9	7:08	1.9	7:46	0.6	7:10	4:04	
28	Thu	1:56	8.8	1:52	9.8	7:50	1.9	8:25	0.7	7:10	4:05	
29	Fri	2:35	8.9	2:36	9.6	8:35	1.9	9:07	0.8	7:10	4:06	
30	Sat	3:18	9.1	3:25	9.4	9:25	1.8	9:52	0.9	7:11	4:06	
31	Sun	4:05	9.4	4:20	9.3	10:19	1.6	10:38	1.1	7:11	4:07	