US HARBORS www.USHarbors.com

Rockland, ME - Mar 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:57	10.6	6:56	9.2			12:37	0.1	6:11	5:25	
2	Sat	7:10	10.9	8:03	9.6	12:49	1.2	1:44	-0.3	6:09	5:27	
3	Sun	8:16	11.4	9:02	10.2	1:55	0.8	2:44	-0.7	6:07	5:28	
4	Mon	9:16	11.8	9:56	10.7	2:57	0.2	3:39	-1.1	6:05	5:29	
5	Tue	10:11	12.0	10:46	11.1	3:53	-0.3	4:30	-1.3	6:04	5:30	
6	Wed	11:03	12.0	11:32	11.4	4:46	-0.7	5:17	-1.3	6:02	5:32	
7	Thu	11:52	11.8			5:36	-0.8	6:02	-1.0	6:00	5:33	
8	Fri	12:18	11.4	12:40	11.3	6:25	-0.8	6:46	-0.5	5:58	5:34	
9	Sat	1:02	11.3	1:28	10.7	7:13	-0.5	7:30	0.0	5:57	5:36	
10	Sun	1:46	10.9	3:16	10.0	9:01	-0.2	9:15	0.7	6:55	6:37	
11	Mon	3:31	10.5	4:07	9.4	9:50	0.3	10:02	1.3	6:53	6:38	
12	Tue	4:19	10.0	5:03	8.8	10:43	0.8	10:53	1.9	6:51	6:39	
13	Wed	5:13	9.6	6:03	8.4	11:40	1.2	11:50	2.3	6:49	6:41	
14	Thu	6:13	9.3	7:04	8.2			12:41	1.4	6:48	6:42	
15	Fri	7:15	9.2	8:03	8.2	12:50	2.4	1:41	1.5	6:46	6:43	
16	Sat	8:13	9.3	8:56	8.5	1:50	2.4	2:36	1.3	6:44	6:44	
17	Sun	9:05	9.6	9:43	8.8	2:44	2.1	3:25	1.1	6:42	6:46	
18	Mon	9:52	9.8	10:24	9.1	3:33	1.8	4:08	0.8	6:40	6:47	
19	Tue	10:33	10.0	11:01	9.5	4:17	1.4	4:47	0.6	6:39	6:48	
20	Wed	11:11	10.2	11:34	9.8	4:57	1.0	5:22	0.4	6:37	6:49	
21	Thu	11:46	10.3			5:35	0.6	5:57	0.3	6:35	6:51	
22	Fri	12:05	10.2	12:21	10.4	6:13	0.3	6:31	0.3	6:33	6:52	
23	Sat	12:37	10.5	12:58	10.3	6:51	0.0	7:07	0.4	6:31	6:53	
24	Sun	1:12	10.7	1:39	10.2	7:33	-0.2	7:46	0.5	6:29	6:54	
25	Mon	1:52	10.9	2:25	10.0	8:18	-0.2	8:29	0.7	6:28	6:55	
26	Tue	2:37	10.9	3:16	9.7	9:08	-0.2	9:19	1.0	6:26	6:57	
27	Wed	3:28	10.8	4:14	9.3	10:04	0.0	10:15	1.3	6:24	6:58	
28	Thu	4:27	10.6	5:21	9.1	11:07	0.1	11:20	1.4	6:22	6:59	
29	Fri	5:35	10.5	6:36	9.2			12:15	0.1	6:20	7:00	
30	Sat	6:50	10.6	7:47	9.5	12:31	1.4	1:24	0.0	6:18	7:02	
31	Sun	8:02	10.8	8:50	10.0	1:41	1.1	2:28	-0.3	6:17	7:03	