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# Rockland, ME - Nov 2080

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 1:45 | 9.7 | 1:50 | 11.1 | 7:43 | 1.0 | 8:26 | -0.5 | 7:14 | 5:25 | |
| 2 | Sat | 2:36 | 9.5 | 2:43 | 11.0 | 8:34 | 1.1 | 9:21 | -0.3 | 7:15 | 5:24 | |
| 3 | Sun | 2:34 | 9.4 | 2:42 | 10.8 | 8:31 | 1.3 | 9:22 | -0.2 | 6:17 | 4:22 | |
| 4 | Mon | 3:39 | 9.3 | 3:48 | 10.6 | 9:36 | 1.4 | 10:26 | -0.1 | 6:18 | 4:21 | |
| 5 | Tue | 4:48 | 9.5 | 5:00 | 10.5 | 10:46 | 1.2 | 11:30 | -0.1 | 6:19 | 4:20 | |
| 6 | Wed | 5:55 | 9.9 | 6:12 | 10.5 | 11:55 | 0.9 | | | 6:21 | 4:18 | |
| 7 | Thu | 6:56 | 10.4 | 7:18 | 10.6 | 12:32 | -0.2 | 1:01 | 0.4 | 6:22 | 4:17 | |
| 8 | Fri | 7:52 | 10.9 | 8:17 | 10.7 | 1:30 | -0.2 | 2:02 | -0.1 | 6:23 | 4:16 | |
| 9 | Sat | 8:43 | 11.3 | 9:12 | 10.7 | 2:23 | -0.3 | 2:57 | -0.6 | 6:25 | 4:15 | |
| 10 | Sun | 9:32 | 11.6 | 10:04 | 10.6 | 3:13 | -0.2 | 3:48 | -0.9 | 6:26 | 4:14 | |
| 11 | Mon | 10:17 | 11.6 | 10:53 | 10.4 | 4:00 | 0.0 | 4:37 | -1.0 | 6:27 | 4:13 | |
| 12 | Tue | 11:01 | 11.5 | 11:40 | 10.1 | 4:45 | 0.3 | 5:23 | -0.8 | 6:29 | 4:12 | |
| 13 | Wed | 11:43 | 11.2 | | | 5:29 | 0.7 | 6:07 | -0.6 | 6:30 | 4:11 | |
| 14 | Thu | 12:25 | 9.7 | 12:25 | 10.8 | 6:12 | 1.1 | 6:51 | -0.2 | 6:31 | 4:10 | |
| 15 | Fri | 1:10 | 9.3 | 1:06 | 10.4 | 6:54 | 1.5 | 7:35 | 0.2 | 6:32 | 4:09 | |
| 16 | Sat | 1:55 | 9.0 | 1:49 | 10.0 | 7:39 | 1.9 | 8:21 | 0.6 | 6:34 | 4:08 | |
| 17 | Sun | 2:43 | 8.7 | 2:36 | 9.6 | 8:26 | 2.2 | 9:09 | 1.0 | 6:35 | 4:07 | |
| 18 | Mon | 3:33 | 8.5 | 3:27 | 9.3 | 9:18 | 2.4 | 10:00 | 1.2 | 6:36 | 4:06 | |
| 19 | Tue | 4:26 | 8.4 | 4:23 | 9.1 | 10:13 | 2.4 | 10:51 | 1.3 | 6:38 | 4:05 | |
| 20 | Wed | 5:18 | 8.6 | 5:21 | 8.9 | 11:10 | 2.3 | 11:42 | 1.4 | 6:39 | 4:05 | |
| 21 | Thu | 6:08 | 8.8 | 6:17 | 9.0 | | | 12:06 | 2.0 | 6:40 | 4:04 | |
| 22 | Fri | 6:54 | 9.2 | 7:10 | 9.0 | 12:30 | 1.3 | 12:59 | 1.6 | 6:41 | 4:03 | |
| 23 | Sat | 7:36 | 9.6 | 7:59 | 9.2 | 1:16 | 1.3 | 1:48 | 1.2 | 6:43 | 4:02 | |
| 24 | Sun | 8:16 | 10.0 | 8:44 | 9.4 | 1:59 | 1.2 | 2:34 | 0.6 | 6:44 | 4:02 | |
| 25 | Mon | 8:54 | 10.5 | 9:29 | 9.6 | 2:41 | 1.0 | 3:18 | 0.1 | 6:45 | 4:01 | |
| 26 | Tue | 9:34 | 10.9 | 10:12 | 9.7 | 3:23 | 0.9 | 4:02 | -0.3 | 6:46 | 4:01 | |
| 27 | Wed | 10:15 | 11.3 | 10:57 | 9.8 | 4:06 | 0.8 | 4:47 | -0.7 | 6:47 | 4:00 | |
| 28 | Thu | 10:59 | 11.5 | 11:44 | 9.9 | 4:50 | 0.7 | 5:33 | -0.9 | 6:49 | 4:00 | |
| 29 | Fri | 11:47 | 11.7 | | | 5:37 | 0.7 | 6:22 | -1.0 | 6:50 | 3:59 | |
| 30 | Sat | 12:34 | 9.9 | 12:38 | 11.6 | 6:28 | 0.7 | 7:14 | -1.0 | 6:51 | 3:59 | |