US HARBORS www.USHarbors.com

Rockland, ME - Jan 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:05	10.8	3:22	11.0	9:09	0.1	9:40	-0.6	7:11	4:09	
2	Thu	4:03	10.9	4:27	10.4	10:13	0.2	10:38	-0.1	7:11	4:10	
3	Fri	5:03	10.9	5:33	9.9	11:18	0.2	11:37	0.4	7:11	4:11	
4	Sat	6:03	10.9	6:39	9.6			12:23	0.2	7:11	4:12	
5	Sun	7:02	10.9	7:41	9.4	12:36	0.8	1:26	0.1	7:10	4:13	
6	Mon	7:58	10.9	8:38	9.3	1:34	1.0	2:23	0.0	7:10	4:14	
7	Tue	8:50	10.8	9:31	9.3	2:29	1.2	3:16	0.0	7:10	4:15	
8	Wed	9:39	10.8	10:19	9.2	3:20	1.3	4:05	0.0	7:10	4:16	
9	Thu	10:24	10.7	11:03	9.2	4:06	1.4	4:48	0.1	7:10	4:17	
10	Fri	11:05	10.6	11:44	9.1	4:48	1.4	5:29	0.2	7:09	4:18	
11	Sat	11:43	10.4			5:27	1.5	6:06	0.3	7:09	4:19	
12	Sun	12:22	9.1	12:18	10.2	6:05	1.6	6:41	0.4	7:08	4:20	
13	Mon	12:56	9.0	12:51	10.0	6:42	1.6	7:16	0.6	7:08	4:22	
14	Tue	1:29	9.0	1:25	9.8	7:21	1.7	7:51	0.8	7:07	4:23	
15	Wed	2:01	9.1	2:03	9.5	8:01	1.7	8:28	1.0	7:07	4:24	
16	Thu	2:37	9.1	2:46	9.2	8:46	1.7	9:07	1.3	7:06	4:25	
17	Fri	3:17	9.2	3:34	8.9	9:34	1.7	9:51	1.5	7:06	4:27	
18	Sat	4:02	9.3	4:27	8.7	10:27	1.6	10:40	1.7	7:05	4:28	
19	Sun	4:52	9.5	5:27	8.5	11:24	1.4	11:33	1.8	7:04	4:29	
20	Mon	5:47	9.8	6:31	8.6			12:24	1.1	7:04	4:30	
21	Tue	6:45	10.2	7:35	8.8	12:30	1.7	1:24	0.6	7:03	4:32	
22	Wed	7:44	10.7	8:35	9.2	1:28	1.5	2:22	0.0	7:02	4:33	
23	Thu	8:42	11.3	9:31	9.7	2:26	1.1	3:17	-0.6	7:01	4:34	
24	Fri	9:37	11.8	10:23	10.2	3:21	0.6	4:10	-1.2	7:00	4:36	
25	Sat	10:31	12.3	11:14	10.7	4:15	0.1	5:00	-1.6	6:59	4:37	
26	Sun	11:23	12.5			5:09	-0.3	5:50	-1.8	6:58	4:38	
27	Mon	12:04	11.1	12:16	12.4	6:02	-0.6	6:39	-1.7	6:58	4:40	
28	Tue	12:54	11.3	1:10	12.1	6:56	-0.7	7:29	-1.5	6:57	4:41	
29	Wed	1:46	11.4	2:05	11.5	7:52	-0.7	8:20	-1.0	6:55	4:43	
30	Thu	2:38	11.4	3:03	10.8	8:50	-0.5	9:13	-0.4	6:54	4:44	
31	Fri	3:34	11.2	4:06	10.1	9:50	-0.2	10:09	0.3	6:53	4:45	