US HARBORS www.USHarbors.com

Rockland, ME - Jul 2081

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:57	8.5	7:19	9.5	12:51	1.6	1:01	1.7	4:57	8:23	
2	Wed	7:54	8.5	8:07	9.8	1:45	1.3	1:51	1.8	4:58	8:23	
3	Thu	8:49	8.6	8:56	10.2	2:38	1.0	2:41	1.7	4:58	8:23	
4	Fri	9:42	8.9	9:44	10.6	3:29	0.5	3:30	1.5	4:59	8:22	
5	Sat	10:32	9.1	10:33	11.1	4:19	0.0	4:20	1.2	5:00	8:22	
6	Sun	11:20	9.5	11:22	11.5	5:08	-0.4	5:09	0.9	5:00	8:22	
7	Mon			12:08	9.8	5:56	-0.8	5:59	0.6	5:01	8:21	
8	Tue	12:11	11.8	12:57	10.1	6:44	-1.1	6:50	0.3	5:02	8:21	
9	Wed	1:02	11.9	1:47	10.4	7:33	-1.3	7:44	0.1	5:03	8:20	
10	Thu	1:55	11.8	2:38	10.7	8:23	-1.2	8:39	0.0	5:04	8:20	
11	Fri	2:50	11.6	3:32	10.9	9:14	-1.0	9:37	-0.1	5:04	8:19	
12	Sat	3:48	11.1	4:27	11.0	10:07	-0.7	10:38	0.0	5:05	8:19	
13	Sun	4:50	10.6	5:26	11.0	11:03	-0.3	11:42	0.0	5:06	8:18	
14	Mon	5:56	10.1	6:26	11.0			12:01	0.2	5:07	8:17	
15	Tue	7:03	9.7	7:27	11.0	12:47	0.0	1:01	0.6	5:08	8:17	
16	Wed	8:08	9.5	8:26	11.0	1:51	0.0	2:01	0.9	5:09	8:16	
17	Thu	9:09	9.4	9:22	11.0	2:53	-0.1	2:59	1.1	5:10	8:15	
18	Fri	10:05	9.4	10:15	11.0	3:50	-0.2	3:54	1.2	5:11	8:14	
19	Sat	10:57	9.4	11:04	10.9	4:42	-0.2	4:45	1.2	5:12	8:13	
20	Sun	11:44	9.3	11:49	10.8	5:29	-0.1	5:31	1.3	5:12	8:12	
21	Mon			12:27	9.3	6:12	0.0	6:14	1.3	5:13	8:12	
22	Tue	12:30	10.6	1:08	9.3	6:52	0.1	6:53	1.4	5:14	8:11	
23	Wed	1:08	10.4	1:45	9.2	7:29	0.3	7:32	1.4	5:15	8:10	
24	Thu	1:43	10.1	2:19	9.2	8:04	0.5	8:10	1.5	5:17	8:09	
25	Fri	2:18	9.9	2:52	9.2	8:39	0.7	8:50	1.6	5:18	8:08	
26	Sat	2:54	9.5	3:26	9.2	9:15	1.0	9:33	1.6	5:19	8:07	
27	Sun	3:35	9.2	4:03	9.2	9:53	1.3	10:19	1.6	5:20	8:05	
28	Mon	4:20	8.9	4:46	9.3	10:35	1.6	11:10	1.6	5:21	8:04	
29	Tue	5:10	8.6	5:33	9.4	11:21	1.8			5:22	8:03	
30	Wed	6:07	8.4	6:26	9.5	12:05	1.5	12:13	2.0	5:23	8:02	
31	Thu	7:09	8.4	7:23	9.8	1:03	1.3	1:08	1.9	5:24	8:01	