US HARBORS www.USHarbors.com

Rockland, ME - Jan 2082

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:12	9.7	12:15	11.0	5:59	1.0	6:38	-0.3	7:11	4:09	
2	Fri	12:56	9.6	12:57	10.6	6:43	1.2	7:20	0.0	7:11	4:09	
3	Sat	1:38	9.4	1:39	10.2	7:27	1.4	8:00	0.4	7:11	4:10	
4	Sun	2:19	9.3	2:20	9.7	8:11	1.6	8:41	0.8	7:11	4:11	
5	Mon	3:00	9.2	3:05	9.3	8:58	1.7	9:23	1.2	7:11	4:12	
6	Tue	3:42	9.1	3:53	8.9	9:47	1.8	10:07	1.5	7:10	4:13	
7	Wed	4:27	9.1	4:47	8.5	10:40	1.8	10:54	1.8	7:10	4:14	
8	Thu	5:15	9.2	5:46	8.3	11:36	1.7	11:44	2.0	7:10	4:16	
9	Fri	6:05	9.3	6:45	8.3			12:32	1.5	7:10	4:17	
10	Sat	6:56	9.5	7:42	8.4	12:36	2.0	1:26	1.2	7:09	4:18	
11	Sun	7:46	9.9	8:33	8.6	1:28	2.0	2:18	0.8	7:09	4:19	
12	Mon	8:34	10.3	9:21	8.9	2:18	1.8	3:06	0.4	7:09	4:20	
13	Tue	9:20	10.7	10:06	9.3	3:06	1.5	3:52	-0.1	7:08	4:21	
14	Wed	10:05	11.2	10:49	9.7	3:52	1.1	4:37	-0.5	7:08	4:23	
15	Thu	10:50	11.5	11:33	10.1	4:39	0.7	5:21	-0.9	7:07	4:24	
16	Fri	11:37	11.8			5:26	0.3	6:06	-1.1	7:06	4:25	
17	Sat	12:17	10.4	12:25	11.8	6:15	0.1	6:52	-1.2	7:06	4:26	
18	Sun	1:04	10.7	1:15	11.6	7:06	-0.1	7:39	-1.0	7:05	4:28	
19	Mon	1:52	11.0	2:09	11.2	8:00	-0.2	8:29	-0.7	7:05	4:29	
20	Tue	2:44	11.1	3:07	10.7	8:58	-0.2	9:22	-0.3	7:04	4:30	
21	Wed	3:41	11.1	4:11	10.1	10:00	-0.1	10:19	0.2	7:03	4:31	
22	Thu	4:41	11.0	5:21	9.7	11:06	0.0	11:20	0.6	7:02	4:33	
23	Fri	5:46	11.0	6:31	9.4			12:13	0.0	7:01	4:34	
24	Sat	6:51	11.0	7:37	9.3	12:24	0.9	1:19	0.0	7:01	4:35	
25	Sun	7:53	11.0	8:38	9.4	1:28	1.1	2:21	-0.2	7:00	4:37	
26	Mon	8:51	11.1	9:33	9.5	2:28	1.1	3:18	-0.3	6:59	4:38	
27	Tue	9:43	11.1	10:23	9.6	3:23	1.0	4:08	-0.3	6:58	4:40	
28	Wed	10:31	11.1	11:08	9.7	4:13	0.9	4:54	-0.3	6:57	4:41	
29	Thu	11:15	10.9	11:50	9.7	4:58	0.9	5:35	-0.2	6:56	4:42	
30	Fri	11:56	10.7			5:40	1.0	6:13	0.0	6:55	4:44	
31	Sat	12:28	9.6	12:33	10.4	6:19	1.0	6:48	0.3	6:54	4:45	