US HARBORS www.USHarbors.com

Rockland, ME - Mar 2082

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:07	10.1	5:54	0.8	6:14	0.6	6:11	5:25	
2	Mon	12:26	9.8	12:39	9.8	6:29	0.8	6:46	0.9	6:10	5:26	
3	Tue	12:54	9.7	1:11	9.5	7:05	0.9	7:18	1.2	6:08	5:27	
4	Wed	1:23	9.7	1:46	9.2	7:42	1.0	7:54	1.5	6:06	5:28	
5	Thu	1:58	9.6	2:27	8.8	8:24	1.1	8:33	1.8	6:05	5:30	
6	Fri	2:39	9.5	3:13	8.5	9:10	1.3	9:18	2.1	6:03	5:31	
7	Sat	3:27	9.4	4:08	8.3	10:03	1.4	10:11	2.3	6:01	5:32	
8	Sun	5:21	9.4	6:10	8.2			12:03	1.4	6:59	6:34	
9	Mon	6:22	9.5	7:17	8.4	12:10	2.2	1:05	1.2	6:58	6:35	
10	Tue	7:27	9.9	8:21	8.8	1:13	2.0	2:06	0.7	6:56	6:36	
11	Wed	8:30	10.4	9:16	9.4	2:14	1.5	3:02	0.2	6:54	6:37	
12	Thu	9:27	11.0	10:07	10.2	3:12	0.9	3:53	-0.4	6:52	6:39	
13	Fri	10:21	11.5	10:54	10.9	4:07	0.1	4:42	-0.9	6:50	6:40	
14	Sat	11:12	11.9	11:41	11.5	4:59	-0.6	5:29	-1.2	6:49	6:41	
15	Sun			12:03	12.0	5:50	-1.2	6:16	-1.3	6:47	6:42	
16	Mon	12:27	12.0	12:54	11.9	6:41	-1.6	7:03	-1.2	6:45	6:44	
17	Tue	1:15	12.2	1:47	11.6	7:33	-1.7	7:52	-0.8	6:43	6:45	
18	Wed	2:05	12.2	2:41	11.0	8:27	-1.5	8:43	-0.3	6:41	6:46	
19	Thu	2:58	11.9	3:40	10.4	9:23	-1.1	9:38	0.3	6:39	6:47	
20	Fri	3:55	11.4	4:44	9.8	10:24	-0.6	10:38	0.9	6:38	6:49	
21	Sat	5:00	10.9	5:52	9.3	11:29	-0.1	11:44	1.3	6:36	6:50	
22	Sun	6:08	10.5	6:59	9.1			12:37	0.3	6:34	6:51	
23	Mon	7:16	10.2	8:02	9.1	12:53	1.5	1:42	0.5	6:32	6:52	
24	Tue	8:19	10.2	8:58	9.3	1:59	1.5	2:42	0.5	6:30	6:54	
25	Wed	9:15	10.2	9:49	9.5	2:58	1.4	3:34	0.5	6:28	6:55	
26	Thu	10:04	10.2	10:33	9.7	3:50	1.1	4:20	0.5	6:27	6:56	
27	Fri	10:49	10.2	11:13	9.9	4:35	0.9	5:00	0.5	6:25	6:57	
28	Sat	11:30	10.1	11:49	10.0	5:16	0.7	5:35	0.6	6:23	6:59	
29	Sun			12:07	9.9	5:53	0.6	6:08	0.8	6:21	7:00	
30	Mon	12:21	10.0	12:41	9.7	6:28	0.6	6:40	1.0	6:19	7:01	
31	Tue	12:49	10.0	1:13	9.5	7:02	0.6	7:11	1.2	6:18	7:02	