US HARBORS www.USHarbors.com

Rockland, ME - Jan 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**8:50**	10.0	**9:30**	8.7	**2:29**	1.8	**3:14**	0.7	7:11	4:08	
2	Sat	**9:31**	10.2	**10:12**	8.9	**3:12**	1.8	**3:56**	0.5	7:11	4:09	
3	Sun	**10:09**	10.4	**10:51**	9.0	**3:54**	1.6	**4:36**	0.2	7:11	4:10	
4	Mon	**10:45**	10.6	**11:27**	9.2	**4:33**	1.5	**5:14**	0.0	7:11	4:11	
5	Tue	**11:21**	10.7			**5:12**	1.3	**5:52**	-0.1	7:11	4:12	
6	Wed	**12:02**	9.4	**11:59 AM**	10.8	**5:53**	1.1	**6:30**	-0.2	7:10	4:13	
7	Thu	**12:38**	9.6	**12:40**	10.8	**6:35**	1.0	**7:10**	-0.3	7:10	4:14	
8	Fri	**1:18**	9.9	**1:25**	10.7	**7:20**	0.8	**7:52**	-0.2	7:10	4:15	
9	Sat	**2:02**	10.1	**2:14**	10.5	**8:10**	0.7	**8:38**	-0.1	7:10	4:16	
10	Sun	**2:50**	10.3	**3:09**	10.2	**9:05**	0.5	**9:28**	0.2	7:09	4:18	
11	Mon	**3:43**	10.5	**4:09**	9.9	**10:05**	0.4	**10:24**	0.4	7:09	4:19	
12	Tue	**4:41**	10.7	**5:17**	9.6	**11:09**	0.3	**11:24**	0.6	7:09	4:20	
13	Wed	**5:44**	10.9	**6:29**	9.5			**12:16**	0.0	7:08	4:21	
14	Thu	**6:50**	11.2	**7:39**	9.6	**12:27**	0.7	**1:22**	-0.3	7:08	4:22	
15	Fri	**7:54**	11.5	**8:43**	9.8	**1:31**	0.7	**2:25**	-0.7	7:07	4:23	
16	Sat	**8:55**	11.7	**9:41**	10.1	**2:33**	0.6	**3:24**	-1.0	7:07	4:25	
17	Sun	**9:51**	11.9	**10:35**	10.3	**3:31**	0.4	**4:18**	-1.2	7:06	4:26	
18	Mon	**10:44**	12.0	**11:25**	10.4	**4:25**	0.2	**5:08**	-1.2	7:05	4:27	
19	Tue	**11:34**	11.8			**5:16**	0.1	**5:56**	-1.1	7:05	4:29	
20	Wed	**12:12**	10.5	**12:22**	11.5	**6:05**	0.2	**6:41**	-0.8	7:04	4:30	
21	Thu	**12:58**	10.4	**1:08**	11.0	**6:53**	0.4	**7:24**	-0.4	7:03	4:31	
22	Fri	**1:42**	10.2	**1:53**	10.5	**7:40**	0.6	**8:06**	0.1	7:02	4:32	
23	Sat	**2:25**	10.0	**2:39**	9.8	**8:27**	0.9	**8:48**	0.7	7:02	4:34	
24	Sun	**3:08**	9.8	**3:27**	9.3	**9:15**	1.2	**9:32**	1.2	7:01	4:35	
25	Mon	**3:54**	9.6	**4:19**	8.8	**10:07**	1.4	**10:19**	1.6	7:00	4:36	
26	Tue	**4:42**	9.4	**5:17**	8.4	**11:02**	1.5	**11:10**	2.0	6:59	4:38	
27	Wed	**5:35**	9.3	**6:17**	8.2	**11:59**	1.6			6:58	4:39	
28	Thu	**6:30**	9.4	**7:15**	8.2	**12:05**	2.2	**12:57**	1.5	6:57	4:41	
29	Fri	**7:24**	9.5	**8:09**	8.3	**12:59**	2.2	**1:51**	1.2	6:56	4:42	
30	Sat	**8:14**	9.8	**8:58**	8.6	**1:52**	2.1	**2:41**	0.9	6:55	4:43	
31	Sun	**9:00**	10.1	**9:41**	8.9	**2:40**	1.8	**3:25**	0.5	6:54	4:45	