US HARBORS www.USHarbors.com

Rockland, ME - Jul 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:19	12.4	1:04	10.6	6:47	-1.6	6:56	-0.1	4:57	8:23	
2	Fri	1:13	12.2	1:57	10.6	7:38	-1.5	7:50	0.1	4:58	8:23	
3	Sat	2:06	11.8	2:49	10.5	8:29	-1.1	8:45	0.3	4:58	8:23	
4	Sun	3:00	11.2	3:40	10.4	9:19	-0.6	9:40	0.5	4:59	8:22	
5	Mon	3:54	10.6	4:32	10.2	10:09	-0.1	10:36	0.8	4:59	8:22	
6	Tue	4:50	10.0	5:24	10.1	11:00	0.5	11:33	1.0	5:00	8:22	
7	Wed	5:47	9.4	6:17	9.9	11:51	1.0			5:01	8:21	
8	Thu	6:45	9.0	7:09	9.8	12:30	1.2	12:42	1.4	5:02	8:21	
9	Fri	7:42	8.7	8:00	9.8	1:27	1.2	1:35	1.7	5:02	8:20	
10	Sat	8:37	8.6	8:50	9.8	2:22	1.1	2:26	1.9	5:03	8:20	
11	Sun	9:29	8.6	9:36	10.0	3:13	1.0	3:14	1.9	5:04	8:19	
12	Mon	10:16	8.7	10:20	10.1	4:00	0.8	4:00	1.8	5:05	8:19	
13	Tue	11:00	8.8	11:00	10.2	4:44	0.6	4:42	1.7	5:06	8:18	
14	Wed	11:41	8.9	11:37	10.4	5:25	0.5	5:22	1.6	5:06	8:18	
15	Thu			12:18	9.0	6:03	0.3	6:01	1.5	5:07	8:17	
16	Fri	12:12	10.5	12:52	9.2	6:39	0.2	6:40	1.3	5:08	8:16	
17	Sat	12:47	10.5	1:25	9.4	7:15	0.1	7:20	1.1	5:09	8:15	
18	Sun	1:25	10.5	2:00	9.7	7:52	0.0	8:02	1.0	5:10	8:15	
19	Mon	2:06	10.5	2:40	9.9	8:31	0.0	8:48	0.8	5:11	8:14	
20	Tue	2:51	10.3	3:23	10.2	9:13	0.1	9:38	0.7	5:12	8:13	
21	Wed	3:41	10.1	4:12	10.4	10:00	0.3	10:33	0.5	5:13	8:12	
22	Thu	4:36	9.8	5:05	10.6	10:51	0.5	11:33	0.3	5:14	8:11	
23	Fri	5:38	9.6	6:05	10.8	11:48	0.7			5:15	8:10	
24	Sat	6:47	9.4	7:09	11.0	12:38	0.1	12:49	0.8	5:16	8:09	
25	Sun	7:58	9.4	8:15	11.3	1:44	-0.2	1:53	0.8	5:17	8:08	
26	Mon	9:06	9.7	9:19	11.7	2:48	-0.5	2:56	0.6	5:18	8:07	
27	Tue	10:07	10.0	10:19	11.9	3:50	-0.9	3:57	0.3	5:19	8:06	
28	Wed	11:03	10.3	11:15	12.1	4:46	-1.2	4:55	0.1	5:20	8:05	
29	Thu	11:56	10.5			5:40	-1.3	5:49	-0.1	5:21	8:04	
30	Fri	12:07	12.1	12:46	10.7	6:29	-1.3	6:41	-0.1	5:22	8:03	
31	Sat	12:58	11.8	1:34	10.7	7:17	-1.1	7:31	-0.1	5:23	8:01	