US HARBORS www.USHarbors.com

Rockland, ME - Dec 2083

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:08	8.8	3:10	9.5	9:09	2.1	9:43	0.9	6:51	3:59	
2	Thu	3:56	9.0	4:04	9.4	10:03	1.9	10:33	1.0	6:52	3:59	
3	Fri	4:47	9.3	5:02	9.3	11:01	1.6	11:24	0.9	6:53	3:58	
4	Sat	5:40	9.8	6:03	9.4	11:59	1.1			6:54	3:58	
5	Sun	6:33	10.3	7:04	9.6	12:17	0.8	12:58	0.4	6:55	3:58	
6	Mon	7:26	11.0	8:04	9.9	1:10	0.6	1:54	-0.2	6:56	3:58	
7	Tue	8:19	11.6	9:02	10.2	2:04	0.4	2:50	-0.9	6:57	3:58	
8	Wed	9:12	12.1	9:57	10.4	2:57	0.2	3:44	-1.4	6:58	3:57	
9	Thu	10:05	12.5	10:52	10.6	3:51	-0.1	4:38	-1.8	6:59	3:57	
10	Fri	10:59	12.6	11:47	10.7	4:45	-0.2	5:31	-1.9	7:00	3:57	
11	Sat	11:54	12.6			5:39	-0.2	6:25	-1.9	7:01	3:57	
12	Sun	12:42	10.7	12:50	12.3	6:35	-0.1	7:20	-1.6	7:02	3:58	
13	Mon	1:38	10.6	1:48	11.8	7:33	0.1	8:15	-1.2	7:03	3:58	
14	Tue	2:36	10.5	2:48	11.2	8:32	0.3	9:11	-0.7	7:03	3:58	
15	Wed	3:34	10.4	3:51	10.6	9:35	0.6	10:07	-0.2	7:04	3:58	
16	Thu	4:33	10.3	4:54	10.0	10:38	0.7	11:04	0.3	7:05	3:58	
17	Fri	5:30	10.3	5:56	9.6	11:42	0.8			7:05	3:59	
18	Sat	6:26	10.3	6:56	9.3	12:01	0.8	12:43	0.8	7:06	3:59	
19	Sun	7:19	10.3	7:52	9.1	12:55	1.1	1:39	0.7	7:07	3:59	
20	Mon	8:09	10.3	8:44	9.0	1:47	1.3	2:31	0.6	7:07	4:00	
21	Tue	8:55	10.3	9:32	9.0	2:35	1.5	3:18	0.5	7:08	4:00	
22	Wed	9:38	10.3	10:16	9.0	3:20	1.6	4:01	0.4	7:08	4:01	
23	Thu	10:18	10.3	10:57	9.0	4:01	1.6	4:41	0.3	7:09	4:01	
24	Fri	10:55	10.3	11:35	9.0	4:39	1.7	5:18	0.3	7:09	4:02	
25	Sat	11:28	10.3			5:16	1.7	5:54	0.3	7:09	4:03	
26	Sun	12:10	9.0	12:00	10.2	5:52	1.7	6:30	0.4	7:10	4:03	
27	Mon	12:42	9.0	12:34	10.2	6:29	1.7	7:05	0.4	7:10	4:04	
28	Tue	1:15	9.1	1:11	10.1	7:09	1.6	7:42	0.5	7:10	4:05	
29	Wed	1:50	9.2	1:52	9.9	7:51	1.6	8:21	0.5	7:10	4:06	
30	Thu	2:30	9.4	2:39	9.8	8:38	1.5	9:04	0.6	7:11	4:06	
31	Fri	3:15	9.6	3:30	9.6	9:29	1.3	9:49	0.8	7:11	4:07	