US HARBORS www.USHarbors.com

Rockland, ME - Mar 2084

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:15	10.7	6:11	9.3	11:53	0.1			6:11	5:25	
2	Thu	6:29	10.9	7:22	9.6	12:07	1.1	1:01	-0.2	6:09	5:27	
3	Fri	7:38	11.2	8:24	10.1	1:15	0.8	2:04	-0.5	6:07	5:28	
4	Sat	8:40	11.5	9:19	10.6	2:19	0.3	3:01	-0.8	6:05	5:29	
5	Sun	9:36	11.7	10:10	11.0	3:17	-0.2	3:53	-1.0	6:04	5:30	
6	Mon	10:28	11.8	10:57	11.3	4:11	-0.5	4:41	-1.1	6:02	5:32	
7	Tue	11:17	11.6	11:42	11.4	5:01	-0.7	5:26	-0.9	6:00	5:33	
8	Wed			12:04	11.3	5:48	-0.8	6:09	-0.5	5:58	5:34	
9	Thu	12:25	11.3	12:49	10.8	6:34	-0.6	6:51	0.0	5:57	5:36	
10	Fri	1:06	11.0	1:34	10.2	7:19	-0.2	7:33	0.5	5:55	5:37	
11	Sat	1:48	10.6	2:20	9.6	8:04	0.2	8:16	1.1	5:53	5:38	
12	Sun	3:31	10.1	4:08	9.0	9:52	0.6	10:02	1.6	6:51	6:39	
13	Mon	4:18	9.7	5:02	8.6	10:43	1.1	10:52	2.0	6:49	6:41	
14	Tue	5:11	9.4	6:01	8.3	11:39	1.4	11:48	2.3	6:48	6:42	
15	Wed	6:11	9.2	7:02	8.2			12:38	1.5	6:46	6:43	
16	Thu	7:12	9.2	7:59	8.3	12:48	2.3	1:37	1.5	6:44	6:44	
17	Fri	8:09	9.4	8:50	8.6	1:46	2.2	2:30	1.3	6:42	6:46	
18	Sat	9:00	9.6	9:35	9.0	2:40	1.9	3:17	1.0	6:40	6:47	
19	Sun	9:46	9.9	10:16	9.4	3:28	1.5	4:00	0.7	6:39	6:48	
20	Mon	10:27	10.1	10:52	9.9	4:12	1.0	4:39	0.5	6:37	6:49	
21	Tue	11:06	10.4	11:25	10.3	4:53	0.6	5:16	0.3	6:35	6:51	
22	Wed	11:44	10.5			5:34	0.1	5:53	0.1	6:33	6:52	
23	Thu	12:00	10.7	12:23	10.6	6:15	-0.3	6:31	0.1	6:31	6:53	
24	Fri	12:37	11.0	1:05	10.6	6:57	-0.5	7:11	0.1	6:29	6:54	
25	Sat	1:18	11.3	1:50	10.4	7:43	-0.7	7:55	0.3	6:28	6:55	
26	Sun	2:03	11.3	2:40	10.2	8:32	-0.7	8:44	0.5	6:26	6:57	
27	Mon	2:53	11.3	3:36	9.9	9:26	-0.5	9:39	0.8	6:24	6:58	
28	Tue	3:50	11.1	4:40	9.6	10:26	-0.3	10:41	1.0	6:22	6:59	
29	Wed	4:55	10.8	5:52	9.5	11:32	-0.1	11:49	1.1	6:20	7:00	
30	Thu	6:08	10.7	7:03	9.6			12:40	-0.1	6:18	7:02	
31	Fri	7:21	10.8	8:09	10.0	12:59	0.9	1:46	-0.2	6:17	7:03	