US HARBORS www.USHarbors.com

Rockland, ME - Jan 2085

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:24	11.2	2:42	11.4	8:30	-0.4	9:00	-1.0	7:11	4:09	
2	Tue	3:24	11.2	3:42	10.8	9:30	-0.2	9:54	-0.4	7:11	4:10	
3	Wed	4:24	11.0	4:48	10.2	10:36	0.1	10:54	0.1	7:11	4:11	
4	Thu	5:24	10.9	5:54	9.7	11:42	0.2	11:54	0.6	7:11	4:12	
5	Fri	6:24	10.8	7:00	9.4			12:42	0.3	7:10	4:13	
6	Sat	7:18	10.8	8:00	9.3	12:54	0.9	1:42	0.2	7:10	4:14	
7	Sun	8:12	10.7	8:54	9.3	1:48	1.1	2:36	0.2	7:10	4:15	
8	Mon	9:06	10.7	9:42	9.3	2:42	1.2	3:30	0.2	7:10	4:16	
9	Tue	9:48	10.7	10:24	9.3	3:30	1.3	4:12	0.1	7:10	4:17	
10	Wed	10:30	10.6	11:06	9.3	4:12	1.3	4:54	0.2	7:09	4:18	
11	Thu	11:12	10.5	11:42	9.3	4:54	1.3	5:30	0.2	7:09	4:19	
12	Fri	11:42	10.4			5:30	1.3	6:06	0.3	7:08	4:20	
13	Sat	12:18	9.3	12:18	10.2	6:06	1.4	6:36	0.4	7:08	4:22	
14	Sun	12:48	9.3	12:48	10.0	6:42	1.4	7:12	0.5	7:07	4:23	
15	Mon	1:18	9.3	1:24	9.8	7:18	1.4	7:48	0.7	7:07	4:24	
16	Tue	1:54	9.4	2:00	9.6	8:00	1.4	8:24	0.9	7:06	4:25	
17	Wed	2:30	9.5	2:48	9.3	8:48	1.4	9:06	1.1	7:06	4:27	
18	Thu	3:12	9.6	3:36	9.1	9:36	1.3	9:48	1.3	7:05	4:28	
19	Fri	4:00	9.7	4:30	8.9	10:30	1.2	10:42	1.4	7:04	4:29	
20	Sat	4:54	9.9	5:36	8.8	11:30	1.0	11:42	1.4	7:04	4:30	
21	Sun	5:54	10.3	6:42	9.0			12:36	0.6	7:03	4:32	
22	Mon	7:00	10.7	7:48	9.3	12:42	1.2	1:36	0.0	7:02	4:33	
23	Tue	8:00	11.3	8:48	9.8	1:42	0.9	2:30	-0.6	7:01	4:34	
24	Wed	9:00	11.8	9:42	10.4	2:42	0.4	3:30	-1.2	7:00	4:36	
25	Thu	9:54	12.3	10:36	10.9	3:36	-0.1	4:18	-1.6	6:59	4:37	
26	Fri	10:48	12.6	11:24	11.4	4:30	-0.6	5:12	-1.9	6:58	4:39	
27	Sat	11:42	12.7			5:24	-1.0	6:00	-2.0	6:57	4:40	
28	Sun	12:18	11.7	12:36	12.4	6:18	-1.1	6:54	-1.8	6:56	4:41	
29	Mon	1:06	11.8	1:30	11.9	7:12	-1.0	7:42	-1.3	6:55	4:43	
30	Tue	2:00	11.7	2:24	11.3	8:12	-0.8	8:36	-0.7	6:54	4:44	
31	Wed	2:54	11.4	3:24	10.5	9:06	-0.4	9:30	-0.1	6:53	4:45	