US HARBORS www.USHarbors.com

Rockland, ME - Jul 2085

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:54	8.8	6:22	9.5			12:07	1.5	4:57	8:23	
2	Mon	6:51	8.7	7:13	9.8	12:49	1.4	12:58	1.5	4:58	8:23	
3	Tue	7:51	8.8	8:06	10.2	1:45	1.0	1:51	1.5	4:59	8:23	
4	Wed	8:49	9.0	8:58	10.7	2:40	0.6	2:44	1.3	4:59	8:22	
5	Thu	9:44	9.3	9:51	11.2	3:33	0.0	3:36	0.9	5:00	8:22	
6	Fri	10:36	9.7	10:42	11.7	4:24	-0.5	4:29	0.6	5:01	8:22	
7	Sat	11:27	10.2	11:34	12.1	5:15	-1.0	5:21	0.2	5:01	8:21	
8	Sun			12:18	10.6	6:05	-1.4	6:13	-0.2	5:02	8:21	
9	Mon	12:26	12.3	1:08	10.9	6:55	-1.6	7:07	-0.4	5:03	8:20	
10	Tue	1:19	12.3	2:00	11.2	7:45	-1.6	8:02	-0.6	5:04	8:20	
11	Wed	2:14	12.0	2:53	11.3	8:36	-1.5	8:59	-0.5	5:04	8:19	
12	Thu	3:11	11.6	3:49	11.4	9:29	-1.1	9:58	-0.4	5:05	8:18	
13	Fri	4:11	11.0	4:47	11.3	10:24	-0.7	11:00	-0.3	5:06	8:18	
14	Sat	5:15	10.5	5:47	11.2	11:21	-0.1			5:07	8:17	
15	Sun	6:21	10.0	6:48	11.1	12:05	-0.1	12:21	0.3	5:08	8:16	
16	Mon	7:26	9.6	7:48	11.0	1:09	0.0	1:22	0.7	5:09	8:16	
17	Tue	8:28	9.5	8:46	10.9	2:12	0.0	2:22	0.9	5:10	8:15	
18	Wed	9:25	9.4	9:40	10.9	3:11	0.0	3:18	1.1	5:11	8:14	
19	Thu	10:18	9.4	10:29	10.8	4:04	0.0	4:09	1.1	5:12	8:13	
20	Fri	11:06	9.4	11:15	10.8	4:52	0.0	4:56	1.2	5:13	8:12	
21	Sat	11:50	9.4	11:56	10.6	5:36	0.0	5:38	1.2	5:14	8:12	
22	Sun			12:30	9.4	6:15	0.1	6:18	1.2	5:15	8:11	
23	Mon	12:34	10.5	1:07	9.4	6:51	0.2	6:55	1.3	5:16	8:10	
24	Tue	1:08	10.3	1:41	9.4	7:25	0.4	7:32	1.3	5:17	8:09	
25	Wed	1:40	10.0	2:11	9.4	7:59	0.6	8:09	1.3	5:18	8:08	
26	Thu	2:13	9.8	2:42	9.4	8:33	0.8	8:49	1.4	5:19	8:07	
27	Fri	2:50	9.5	3:17	9.4	9:10	1.0	9:32	1.4	5:20	8:05	
28	Sat	3:31	9.2	3:57	9.5	9:49	1.2	10:19	1.4	5:21	8:04	
29	Sun	4:18	9.0	4:43	9.6	10:33	1.4	11:11	1.3	5:22	8:03	
30	Mon	5:11	8.8	5:34	9.7	11:22	1.6			5:23	8:02	
31	Tue	6:09	8.7	6:30	9.9	12:08	1.2	12:17	1.6	5:24	8:01	