US HARBORS www.USHarbors.com

Rockland, ME - Aug 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:00	10.8	4:30	11.4	10:11	-0.4	10:51	-0.4	5:25	8:00	
2	Fri	5:04	10.3	5:33	11.3	11:10	0.0	11:56	-0.3	5:26	7:59	
3	Sat	6:13	9.9	6:38	11.2			12:12	0.4	5:27	7:57	
4	Sun	7:22	9.7	7:44	11.2	1:03	-0.2	1:17	0.6	5:28	7:56	
5	Mon	8:27	9.7	8:45	11.2	2:08	-0.2	2:20	0.7	5:29	7:55	
6	Tue	9:26	9.8	9:42	11.2	3:09	-0.3	3:20	0.7	5:30	7:53	
7	Wed	10:20	9.9	10:34	11.2	4:04	-0.4	4:14	0.6	5:32	7:52	
8	Thu	11:09	10.0	11:21	11.1	4:54	-0.4	5:03	0.6	5:33	7:51	
9	Fri	11:54	10.0			5:39	-0.3	5:48	0.6	5:34	7:49	
10	Sat	12:05	10.9	12:35	10.0	6:19	-0.2	6:29	0.6	5:35	7:48	
11	Sun	12:45	10.7	1:13	9.9	6:57	0.1	7:08	0.7	5:36	7:46	
12	Mon	1:22	10.3	1:48	9.8	7:32	0.3	7:46	0.9	5:37	7:45	
13	Tue	1:57	10.0	2:20	9.7	8:07	0.6	8:24	1.0	5:38	7:43	
14	Wed	2:32	9.6	2:52	9.6	8:43	1.0	9:05	1.1	5:39	7:42	
15	Thu	3:09	9.3	3:28	9.5	9:21	1.3	9:49	1.3	5:41	7:40	
16	Fri	3:51	8.9	4:11	9.4	10:02	1.6	10:38	1.4	5:42	7:39	
17	Sat	4:39	8.6	4:59	9.4	10:49	1.8	11:32	1.5	5:43	7:37	
18	Sun	5:35	8.4	5:53	9.4	11:41	2.0			5:44	7:35	
19	Mon	6:36	8.4	6:51	9.6	12:29	1.4	12:37	1.9	5:45	7:34	
20	Tue	7:39	8.6	7:50	10.0	1:27	1.1	1:35	1.7	5:46	7:32	
21	Wed	8:36	8.9	8:46	10.5	2:23	0.7	2:31	1.3	5:47	7:31	
22	Thu	9:29	9.5	9:39	11.0	3:16	0.2	3:25	0.8	5:49	7:29	
23	Fri	10:17	10.1	10:30	11.5	4:05	-0.4	4:16	0.2	5:50	7:27	
24	Sat	11:04	10.7	11:19	11.9	4:52	-0.8	5:06	-0.4	5:51	7:26	
25	Sun	11:50	11.3			5:39	-1.2	5:57	-0.9	5:52	7:24	
26	Mon	12:09	12.1	12:37	11.7	6:26	-1.4	6:48	-1.3	5:53	7:22	
27	Tue	12:59	12.0	1:25	12.0	7:13	-1.4	7:40	-1.4	5:54	7:20	
28	Wed	1:52	11.7	2:16	12.0	8:03	-1.1	8:35	-1.3	5:55	7:19	
29	Thu	2:47	11.3	3:10	11.9	8:55	-0.7	9:32	-1.0	5:57	7:17	
30	Fri	3:47	10.7	4:09	11.6	9:51	-0.2	10:34	-0.7	5:58	7:15	
31	Sat	4:52	10.2	5:14	11.2	10:51	0.3	11:39	-0.3	5:59	7:13	