US HARBORS www.USHarbors.com

Rockland, ME - Jul 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:30	10.9	6:12	-1.7	6:23	-0.3	4:57	8:23	
2	Wed	12:41	12.3	1:21	10.9	7:03	-1.6	7:15	-0.2	4:58	8:23	
3	Thu	1:32	11.9	2:12	10.7	7:52	-1.3	8:07	0.1	4:58	8:23	
4	Fri	2:23	11.4	3:02	10.5	8:41	-0.8	8:59	0.4	4:59	8:22	
5	Sat	3:14	10.8	3:51	10.3	9:29	-0.3	9:51	0.7	5:00	8:22	
6	Sun	4:06	10.2	4:41	10.1	10:17	0.2	10:45	1.0	5:00	8:22	
7	Mon	4:59	9.7	5:32	9.9	11:06	0.7	11:40	1.2	5:01	8:21	
8	Tue	5:55	9.2	6:24	9.7	11:56	1.1			5:02	8:21	
9	Wed	6:51	8.9	7:16	9.7	12:35	1.3	12:47	1.4	5:02	8:20	
10	Thu	7:47	8.7	8:06	9.8	1:31	1.3	1:39	1.6	5:03	8:20	
11	Fri	8:41	8.7	8:54	9.9	2:24	1.1	2:29	1.7	5:04	8:19	
12	Sat	9:31	8.8	9:40	10.1	3:14	0.9	3:17	1.6	5:05	8:19	
13	Sun	10:17	8.9	10:22	10.3	4:00	0.7	4:01	1.5	5:06	8:18	
14	Mon	10:59	9.1	11:00	10.5	4:43	0.4	4:44	1.3	5:07	8:18	
15	Tue	11:38	9.3	11:37	10.7	5:23	0.2	5:24	1.2	5:07	8:17	
16	Wed			12:14	9.5	6:01	0.0	6:04	1.0	5:08	8:16	
17	Thu	12:13	10.8	12:49	9.8	6:39	-0.2	6:45	0.7	5:09	8:15	
18	Fri	12:51	10.9	1:26	10.0	7:18	-0.3	7:28	0.6	5:10	8:15	
19	Sat	1:33	10.9	2:06	10.3	7:58	-0.4	8:14	0.4	5:11	8:14	
20	Sun	2:18	10.8	2:51	10.5	8:42	-0.4	9:04	0.3	5:12	8:13	
21	Mon	3:07	10.7	3:40	10.7	9:29	-0.2	9:58	0.2	5:13	8:12	
22	Tue	4:02	10.4	4:34	10.9	10:20	0.0	10:57	0.1	5:14	8:11	
23	Wed	5:02	10.1	5:33	11.0	11:16	0.2			5:15	8:10	
24	Thu	6:10	9.9	6:38	11.2	12:01	0.0	12:17	0.3	5:16	8:09	
25	Fri	7:21	9.8	7:44	11.4	1:07	-0.2	1:21	0.4	5:17	8:08	
26	Sat	8:30	9.9	8:48	11.6	2:12	-0.5	2:24	0.3	5:18	8:07	
27	Sun	9:32	10.2	9:48	11.9	3:14	-0.8	3:25	0.1	5:19	8:06	
28	Mon	10:30	10.4	10:44	12.0	4:12	-1.1	4:23	-0.1	5:20	8:05	
29	Tue	11:23	10.7	11:37	12.0	5:06	-1.2	5:17	-0.2	5:21	8:04	
30	Wed			12:13	10.8	5:56	-1.2	6:08	-0.2	5:22	8:03	
31	Thu	12:26	11.8	1:00	10.8	6:43	-1.1	6:57	-0.1	5:23	8:01	