US HARBORS www.USHarbors.com

Rockland, ME - Aug 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:13	11.5	1:46	10.7	7:28	-0.8	7:44	0.1	5:25	8:00	
2	Sat	1:59	11.0	2:30	10.5	8:11	-0.4	8:30	0.4	5:26	7:59	
3	Sun	2:44	10.5	3:13	10.2	8:53	0.1	9:16	0.7	5:27	7:58	
4	Mon	3:30	9.9	3:56	9.9	9:36	0.6	10:04	1.0	5:28	7:56	
5	Tue	4:17	9.4	4:42	9.7	10:21	1.1	10:55	1.2	5:29	7:55	
6	Wed	5:09	8.9	5:32	9.5	11:09	1.5	11:49	1.4	5:30	7:54	
7	Thu	6:05	8.6	6:25	9.4			12:00	1.8	5:31	7:52	
8	Fri	7:04	8.5	7:20	9.5	12:45	1.4	12:54	1.9	5:32	7:51	
9	Sat	8:01	8.5	8:13	9.6	1:41	1.3	1:48	1.9	5:34	7:49	
10	Sun	8:53	8.7	9:02	9.9	2:34	1.1	2:39	1.7	5:35	7:48	
11	Mon	9:41	8.9	9:47	10.2	3:23	0.8	3:28	1.4	5:36	7:47	
12	Tue	10:24	9.3	10:29	10.6	4:08	0.5	4:13	1.1	5:37	7:45	
13	Wed	11:03	9.6	11:09	10.9	4:50	0.1	4:56	0.7	5:38	7:44	
14	Thu	11:40	10.0	11:48	11.1	5:29	-0.2	5:39	0.4	5:39	7:42	
15	Fri			12:18	10.4	6:09	-0.5	6:22	0.0	5:40	7:41	
16	Sat	12:30	11.2	12:57	10.8	6:50	-0.6	7:07	-0.3	5:41	7:39	
17	Sun	1:14	11.3	1:40	11.1	7:32	-0.7	7:54	-0.5	5:43	7:37	
18	Mon	2:01	11.1	2:26	11.3	8:17	-0.6	8:45	-0.5	5:44	7:36	
19	Tue	2:52	10.8	3:17	11.3	9:06	-0.3	9:41	-0.5	5:45	7:34	
20	Wed	3:48	10.5	4:14	11.2	10:00	0.0	10:41	-0.4	5:46	7:33	
21	Thu	4:52	10.1	5:17	11.1	10:59	0.3	11:47	-0.3	5:47	7:31	
22	Fri	6:02	9.8	6:26	11.1			12:03	0.5	5:48	7:29	
23	Sat	7:14	9.8	7:35	11.2	12:54	-0.3	1:10	0.6	5:49	7:28	
24	Sun	8:21	9.9	8:40	11.3	2:00	-0.4	2:16	0.5	5:51	7:26	
25	Mon	9:21	10.2	9:39	11.5	3:02	-0.6	3:17	0.3	5:52	7:24	
26	Tue	10:16	10.5	10:33	11.6	3:58	-0.7	4:13	0.0	5:53	7:23	
27	Wed	11:06	10.7	11:23	11.5	4:49	-0.8	5:05	-0.1	5:54	7:21	
28	Thu	11:52	10.8			5:36	-0.7	5:52	-0.2	5:55	7:19	
29	Fri	12:09	11.3	12:35	10.7	6:19	-0.5	6:36	-0.1	5:56	7:17	
30	Sat	12:53	10.9	1:16	10.6	7:00	-0.2	7:18	0.1	5:57	7:16	
31	Sun	1:34	10.5	1:54	10.4	7:38	0.2	7:59	0.3	5:59	7:14	