US HARBORS www.USHarbors.com

Rockland, ME - Jan 2088

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:27	10.1	3:46	9.9	9:45	0.9	10:08	0.4	7:11	4:08	
2	Fri	4:21	10.3	4:47	9.8	10:45	0.6	11:05	0.4	7:11	4:09	
3	Sat	5:21	10.7	5:55	9.8	11:49	0.3			7:11	4:10	
4	Sun	6:23	11.1	7:04	9.9	12:05	0.4	12:53	-0.2	7:11	4:11	
5	Mon	7:26	11.5	8:10	10.2	1:07	0.2	1:55	-0.7	7:11	4:12	
6	Tue	8:27	12.0	9:11	10.6	2:07	0.0	2:55	-1.3	7:10	4:13	
7	Wed	9:25	12.4	10:08	10.9	3:06	-0.3	3:51	-1.7	7:10	4:14	
8	Thu	10:21	12.6	11:02	11.2	4:02	-0.5	4:45	-1.9	7:10	4:15	
9	Fri	11:14	12.6	11:54	11.3	4:56	-0.7	5:36	-1.9	7:10	4:16	
10	Sat			12:07	12.4	5:50	-0.7	6:27	-1.7	7:09	4:17	
11	Sun	12:45	11.2	12:58	12.0	6:42	-0.5	7:16	-1.4	7:09	4:18	
12	Mon	1:36	11.1	1:50	11.4	7:35	-0.2	8:05	-0.8	7:09	4:20	
13	Tue	2:27	10.8	2:43	10.7	8:28	0.2	8:54	-0.2	7:08	4:21	
14	Wed	3:18	10.5	3:38	10.1	9:22	0.5	9:45	0.4	7:08	4:22	
15	Thu	4:11	10.2	4:35	9.5	10:19	0.9	10:37	0.9	7:07	4:23	
16	Fri	5:05	10.0	5:34	9.1	11:17	1.1	11:31	1.3	7:07	4:24	
17	Sat	6:00	9.8	6:32	8.8			12:15	1.2	7:06	4:26	
18	Sun	6:53	9.8	7:27	8.8	12:25	1.5	1:11	1.1	7:05	4:27	
19	Mon	7:44	9.9	8:19	8.8	1:18	1.6	2:03	0.9	7:05	4:28	
20	Tue	8:31	10.1	9:06	9.0	2:07	1.6	2:50	0.7	7:04	4:30	
21	Wed	9:15	10.2	9:50	9.2	2:53	1.5	3:33	0.5	7:03	4:31	
22	Thu	9:55	10.4	10:29	9.3	3:36	1.3	4:13	0.3	7:03	4:32	
23	Fri	10:31	10.6	11:05	9.5	4:15	1.1	4:50	0.1	7:02	4:33	
24	Sat	11:05	10.7	11:37	9.7	4:53	1.0	5:26	0.0	7:01	4:35	
25	Sun	11:38	10.7			5:31	0.8	6:02	-0.1	7:00	4:36	
26	Mon	12:10	9.9	12:15	10.8	6:11	0.6	6:39	-0.2	6:59	4:38	
27	Tue	12:45	10.2	12:55	10.7	6:52	0.5	7:18	-0.2	6:58	4:39	
28	Wed	1:25	10.4	1:40	10.6	7:37	0.4	8:01	-0.1	6:57	4:40	
29	Thu	2:10	10.5	2:30	10.3	8:27	0.3	8:49	0.1	6:56	4:42	
30	Fri	3:00	10.7	3:26	10.1	9:23	0.3	9:42	0.3	6:55	4:43	
31	Sat	3:55	10.8	4:29	9.8	10:24	0.2	10:41	0.5	6:54	4:44	