US HARBORS www.USHarbors.com

Rockland, ME - Jul 2088

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:20	9.2	10:31	10.4	4:06	0.4	4:10	1.3	4:57	8:23	
2	Fri	11:05	9.2	11:11	10.4	4:49	0.4	4:52	1.3	4:58	8:23	
3	Sat	11:46	9.2	11:48	10.4	5:30	0.3	5:31	1.3	4:59	8:22	
4	Sun			12:24	9.3	6:07	0.3	6:08	1.3	4:59	8:22	
5	Mon	12:22	10.4	12:59	9.3	6:43	0.2	6:45	1.3	5:00	8:22	
6	Tue	12:53	10.3	1:30	9.3	7:18	0.3	7:22	1.3	5:01	8:21	
7	Wed	1:26	10.3	2:02	9.4	7:53	0.3	8:01	1.3	5:01	8:21	
8	Thu	2:02	10.2	2:37	9.6	8:30	0.3	8:43	1.2	5:02	8:21	
9	Fri	2:43	10.1	3:17	9.7	9:10	0.4	9:29	1.1	5:03	8:20	
10	Sat	3:29	9.9	4:03	9.9	9:53	0.5	10:20	1.0	5:04	8:20	
11	Sun	4:20	9.8	4:53	10.2	10:41	0.5	11:16	0.8	5:05	8:19	
12	Mon	5:16	9.7	5:48	10.5	11:34	0.6			5:05	8:18	
13	Tue	6:18	9.6	6:47	10.8	12:16	0.5	12:32	0.6	5:06	8:18	
14	Wed	7:25	9.7	7:49	11.2	1:18	0.1	1:32	0.4	5:07	8:17	
15	Thu	8:32	10.0	8:51	11.7	2:21	-0.4	2:32	0.2	5:08	8:16	
16	Fri	9:35	10.3	9:51	12.2	3:21	-0.9	3:32	-0.1	5:09	8:16	
17	Sat	10:35	10.7	10:49	12.5	4:19	-1.4	4:30	-0.4	5:10	8:15	
18	Sun	11:31	11.1	11:44	12.7	5:14	-1.8	5:26	-0.7	5:11	8:14	
19	Mon			12:25	11.3	6:07	-1.9	6:21	-0.8	5:12	8:13	
20	Tue	12:39	12.6	1:17	11.4	6:59	-1.9	7:16	-0.8	5:13	8:12	
21	Wed	1:32	12.3	2:09	11.4	7:50	-1.6	8:10	-0.6	5:14	8:11	
22	Thu	2:26	11.8	3:01	11.2	8:41	-1.2	9:04	-0.3	5:15	8:10	
23	Fri	3:20	11.2	3:54	11.0	9:31	-0.6	10:00	0.0	5:16	8:09	
24	Sat	4:16	10.5	4:48	10.6	10:23	0.0	10:57	0.4	5:17	8:08	
25	Sun	5:14	9.9	5:43	10.4	11:16	0.5	11:55	0.7	5:18	8:07	
26	Mon	6:13	9.4	6:39	10.1			12:11	1.0	5:19	8:06	
27	Tue	7:12	9.1	7:33	10.0	12:54	0.9	1:07	1.3	5:20	8:05	
28	Wed	8:08	8.9	8:26	10.0	1:52	0.9	2:01	1.5	5:21	8:04	
29	Thu	9:01	8.9	9:15	10.1	2:45	0.9	2:52	1.5	5:22	8:03	
30	Fri	9:50	9.0	10:01	10.2	3:34	0.7	3:39	1.5	5:23	8:02	
31	Sat	10:35	9.1	10:43	10.3	4:19	0.6	4:23	1.4	5:24	8:00	