US HARBORS www.USHarbors.com

Rockland, ME - May 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:04	9.6	4:54	8.9	10:31	0.9	10:46	2.0	5:26	7:40	
2	Mon	4:56	9.3	5:47	8.8	11:22	1.1	11:40	2.0	5:24	7:41	
3	Tue	5:52	9.2	6:41	8.9			12:14	1.2	5:23	7:43	
4	Wed	6:50	9.1	7:32	9.1	12:37	1.9	1:06	1.2	5:22	7:44	
5	Thu	7:46	9.2	8:20	9.4	1:32	1.7	1:56	1.1	5:20	7:45	
6	Fri	8:37	9.4	9:03	9.8	2:23	1.3	2:43	1.0	5:19	7:46	
7	Sat	9:25	9.6	9:43	10.3	3:12	0.9	3:27	0.8	5:18	7:47	
8	Sun	10:09	9.9	10:22	10.7	3:57	0.4	4:10	0.5	5:16	7:48	
9	Mon	10:52	10.1	11:02	11.1	4:41	-0.1	4:53	0.3	5:15	7:50	
10	Tue	11:35	10.4	11:44	11.5	5:25	-0.6	5:36	0.2	5:14	7:51	
11	Wed			12:20	10.5	6:10	-1.0	6:21	0.0	5:13	7:52	
12	Thu	12:28	11.8	1:07	10.6	6:57	-1.2	7:08	0.0	5:12	7:53	
13	Fri	1:16	11.9	1:58	10.6	7:46	-1.3	7:59	0.0	5:11	7:54	
14	Sat	2:07	11.8	2:52	10.6	8:39	-1.3	8:54	0.2	5:09	7:55	
15	Sun	3:03	11.6	3:52	10.5	9:35	-1.1	9:54	0.3	5:08	7:56	
16	Mon	4:04	11.3	4:55	10.5	10:34	-0.9	10:58	0.3	5:07	7:57	
17	Tue	5:11	11.0	6:01	10.6	11:35	-0.7			5:06	7:59	
18	Wed	6:21	10.8	7:04	10.8	12:04	0.3	12:37	-0.5	5:05	8:00	
19	Thu	7:29	10.7	8:04	11.1	1:11	0.1	1:38	-0.4	5:04	8:01	
20	Fri	8:31	10.6	9:00	11.3	2:14	-0.1	2:36	-0.3	5:04	8:02	
21	Sat	9:29	10.6	9:52	11.5	3:13	-0.4	3:30	-0.1	5:03	8:03	
22	Sun	10:23	10.5	10:41	11.5	4:07	-0.6	4:21	0.0	5:02	8:04	
23	Mon	11:13	10.4	11:27	11.4	4:57	-0.7	5:08	0.2	5:01	8:05	
24	Tue			12:00	10.2	5:44	-0.6	5:52	0.5	5:00	8:06	
25	Wed	12:10	11.2	12:45	10.0	6:27	-0.5	6:34	0.8	4:59	8:07	
26	Thu	12:50	10.9	1:27	9.7	7:08	-0.3	7:14	1.1	4:59	8:08	
27	Fri	1:28	10.6	2:08	9.5	7:48	0.0	7:54	1.3	4:58	8:09	
28	Sat	2:05	10.3	2:48	9.2	8:28	0.3	8:35	1.6	4:57	8:09	
29	Sun	2:42	10.0	3:28	9.1	9:09	0.5	9:19	1.8	4:57	8:10	
30	Mon	3:23	9.7	4:11	9.0	9:52	0.8	10:06	1.9	4:56	8:11	
31	Tue	4:08	9.4	4:56	9.0	10:38	1.0	10:57	1.9	4:56	8:12	