US HARBORS www.USHarbors.com

Rockland, ME - Aug 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:23	9.2	6:48	10.4	12:21	0.8	12:35	1.0	5:25	8:00	
2	Tue	7:28	9.4	7:49	10.9	1:22	0.4	1:35	0.8	5:26	7:58	
3	Wed	8:33	9.7	8:50	11.4	2:23	-0.1	2:34	0.5	5:27	7:57	
4	Thu	9:34	10.2	9:49	11.9	3:21	-0.7	3:33	0.0	5:28	7:56	
5	Fri	10:31	10.7	10:46	12.4	4:17	-1.2	4:29	-0.5	5:30	7:54	
6	Sat	11:25	11.2	11:41	12.6	5:10	-1.7	5:25	-0.9	5:31	7:53	
7	Sun			12:18	11.6	6:03	-2.0	6:19	-1.2	5:32	7:52	
8	Mon	12:35	12.7	1:10	11.8	6:54	-2.0	7:14	-1.3	5:33	7:50	
9	Tue	1:29	12.5	2:02	11.9	7:45	-1.8	8:08	-1.2	5:34	7:49	
10	Wed	2:24	12.0	2:56	11.7	8:37	-1.4	9:04	-0.9	5:35	7:47	
11	Thu	3:21	11.4	3:51	11.5	9:30	-0.8	10:02	-0.5	5:36	7:46	
12	Fri	4:20	10.8	4:49	11.1	10:25	-0.2	11:03	-0.1	5:37	7:44	
13	Sat	5:22	10.2	5:48	10.8	11:23	0.4			5:39	7:43	
14	Sun	6:24	9.7	6:48	10.5	12:05	0.2	12:22	0.8	5:40	7:41	
15	Mon	7:25	9.4	7:46	10.4	1:07	0.4	1:22	1.1	5:41	7:40	
16	Tue	8:23	9.3	8:41	10.3	2:06	0.5	2:19	1.3	5:42	7:38	
17	Wed	9:16	9.3	9:32	10.3	3:01	0.5	3:11	1.3	5:43	7:37	
18	Thu	10:05	9.4	10:18	10.4	3:50	0.5	3:59	1.2	5:44	7:35	
19	Fri	10:49	9.5	11:00	10.4	4:34	0.4	4:42	1.1	5:45	7:33	
20	Sat	11:29	9.6	11:39	10.4	5:14	0.3	5:21	1.0	5:47	7:32	
21	Sun			12:06	9.7	5:50	0.3	5:58	0.9	5:48	7:30	
22	Mon	12:13	10.3	12:38	9.7	6:24	0.3	6:33	0.8	5:49	7:28	
23	Tue	12:44	10.2	1:06	9.8	6:57	0.4	7:09	0.8	5:50	7:27	
24	Wed	1:14	10.1	1:35	9.9	7:30	0.5	7:46	0.8	5:51	7:25	
25	Thu	1:48	10.0	2:08	9.9	8:05	0.6	8:25	0.7	5:52	7:23	
26	Fri	2:26	9.8	2:47	10.0	8:43	0.8	9:09	0.7	5:53	7:22	
27	Sat	3:10	9.6	3:32	10.1	9:25	0.9	9:57	0.7	5:55	7:20	
28	Sun	4:00	9.5	4:22	10.2	10:14	1.0	10:53	0.6	5:56	7:18	
29	Mon	4:56	9.3	5:19	10.3	11:08	1.1	11:53	0.5	5:57	7:16	
30	Tue	5:59	9.3	6:22	10.5			12:09	1.0	5:58	7:15	
31	Wed	7:07	9.5	7:28	10.9	12:57	0.2	1:13	0.8	5:59	7:13	