US HARBORS www.USHarbors.com

Rockland, ME - Dec 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**10:03**	11.8	**10:38**	10.5	**3:43**	0.0	**4:21**	-1.0	6:52	3:59	
2	Fri	**10:48**	11.6	**11:24**	10.3	**4:30**	0.2	**5:07**	-0.9	6:53	3:58	
3	Sat	**11:32**	11.3			**5:15**	0.4	**5:51**	-0.7	6:54	3:58	
4	Sun	**12:09**	10.0	**12:13**	11.0	**5:57**	0.7	**6:32**	-0.4	6:55	3:58	
5	Mon	**12:52**	9.8	**12:52**	10.6	**6:39**	1.0	**7:14**	0.0	6:56	3:58	
6	Tue	**1:34**	9.5	**1:31**	10.2	**7:21**	1.3	**7:55**	0.3	6:57	3:58	
7	Wed	**2:16**	9.3	**2:12**	9.8	**8:05**	1.6	**8:38**	0.6	6:58	3:57	
8	Thu	**2:59**	9.1	**2:56**	9.5	**8:52**	1.8	**9:22**	0.9	6:59	3:57	
9	Fri	**3:44**	9.0	**3:45**	9.2	**9:42**	1.9	**10:10**	1.1	7:00	3:57	
10	Sat	**4:33**	9.1	**4:39**	9.0	**10:35**	1.9	**10:59**	1.3	7:01	3:57	
11	Sun	**5:23**	9.2	**5:36**	8.9	**11:31**	1.7	**11:49**	1.3	7:01	3:58	
12	Mon	**6:12**	9.4	**6:34**	8.9			**12:26**	1.5	7:02	3:58	
13	Tue	**7:00**	9.8	**7:28**	9.1	**12:39**	1.3	**1:18**	1.0	7:03	3:58	
14	Wed	**7:46**	10.2	**8:18**	9.4	**1:28**	1.1	**2:08**	0.5	7:04	3:58	
15	Thu	**8:30**	10.7	**9:06**	9.7	**2:15**	0.9	**2:55**	0.0	7:04	3:58	
16	Fri	**9:14**	11.2	**9:53**	10.0	**3:02**	0.6	**3:42**	-0.5	7:05	3:59	
17	Sat	**9:59**	11.6	**10:39**	10.3	**3:48**	0.3	**4:28**	-1.0	7:06	3:59	
18	Sun	**10:46**	11.9	**11:26**	10.6	**4:36**	0.1	**5:16**	-1.3	7:06	3:59	
19	Mon	**11:34**	12.1			**5:24**	-0.1	**6:04**	-1.5	7:07	4:00	
20	Tue	**12:16**	10.8	**12:25**	12.2	**6:15**	-0.3	**6:54**	-1.6	7:07	4:00	
21	Wed	**1:07**	10.9	**1:18**	12.0	**7:09**	-0.3	**7:46**	-1.4	7:08	4:01	
22	Thu	**2:02**	11.0	**2:16**	11.6	**8:06**	-0.2	**8:41**	-1.2	7:08	4:01	
23	Fri	**3:01**	11.0	**3:18**	11.2	**9:07**	-0.1	**9:39**	-0.8	7:09	4:02	
24	Sat	**4:02**	11.0	**4:26**	10.7	**10:11**	0.0	**10:39**	-0.5	7:09	4:02	
25	Sun	**5:06**	11.0	**5:34**	10.4	**11:17**	0.0	**11:40**	-0.1	7:10	4:03	
26	Mon	**6:08**	11.1	**6:41**	10.2			**12:23**	-0.1	7:10	4:04	
27	Tue	**7:08**	11.2	**7:42**	10.1	**12:42**	0.1	**1:26**	-0.2	7:10	4:04	
28	Wed	**8:04**	11.3	**8:40**	10.1	**1:40**	0.3	**2:24**	-0.4	7:10	4:05	
29	Thu	**8:57**	11.4	**9:32**	10.1	**2:35**	0.4	**3:17**	-0.5	7:10	4:06	
30	Fri	**9:46**	11.3	**10:21**	10.0	**3:26**	0.5	**4:06**	-0.5	7:11	4:07	
31	Sat	**10:31**	11.2	**11:07**	9.9	**4:12**	0.6	**4:50**	-0.5	7:11	4:08	