US HARBORS www.USHarbors.com

Rockland, ME - May 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:20	10.6	12:52	9.9	6:44	-0.1	6:53	0.8	5:26	7:40	
2	Tue	12:56	10.7	1:30	9.9	7:24	-0.2	7:33	0.8	5:25	7:41	
3	Wed	1:36	10.8	2:14	9.8	8:07	-0.3	8:17	0.9	5:23	7:42	
4	Thu	2:21	10.8	3:02	9.8	8:54	-0.3	9:07	0.9	5:22	7:43	
5	Fri	3:12	10.8	3:56	9.8	9:46	-0.3	10:02	1.0	5:21	7:45	
6	Sat	4:08	10.7	4:56	9.9	10:42	-0.2	11:03	0.9	5:19	7:46	
7	Sun	5:10	10.6	6:01	10.1	11:43	-0.2			5:18	7:47	
8	Mon	6:18	10.6	7:07	10.5	12:09	0.7	12:45	-0.3	5:17	7:48	
9	Tue	7:28	10.7	8:09	11.0	1:15	0.3	1:46	-0.5	5:16	7:49	
10	Wed	8:35	10.9	9:07	11.5	2:19	-0.2	2:44	-0.6	5:14	7:50	
11	Thu	9:36	11.1	10:01	11.9	3:19	-0.7	3:40	-0.7	5:13	7:52	
12	Fri	10:32	11.2	10:52	12.2	4:15	-1.2	4:33	-0.8	5:12	7:53	
13	Sat	11:26	11.2	11:42	12.2	5:09	-1.5	5:24	-0.6	5:11	7:54	
14	Sun			12:18	11.1	6:00	-1.5	6:13	-0.4	5:10	7:55	
15	Mon	12:30	12.1	1:08	10.8	6:49	-1.4	7:01	-0.1	5:09	7:56	
16	Tue	1:17	11.8	1:57	10.5	7:37	-1.1	7:49	0.4	5:08	7:57	
17	Wed	2:05	11.3	2:47	10.1	8:25	-0.7	8:37	0.8	5:07	7:58	
18	Thu	2:52	10.8	3:37	9.7	9:14	-0.2	9:27	1.2	5:06	7:59	
19	Fri	3:41	10.3	4:28	9.4	10:03	0.2	10:19	1.5	5:05	8:00	
20	Sat	4:33	9.8	5:21	9.2	10:53	0.6	11:13	1.8	5:04	8:01	
21	Sun	5:28	9.5	6:14	9.2	11:45	0.9			5:03	8:03	
22	Mon	6:25	9.2	7:05	9.2	12:09	1.8	12:37	1.1	5:02	8:04	
23	Tue	7:21	9.1	7:54	9.4	1:04	1.7	1:27	1.2	5:01	8:05	
24	Wed	8:14	9.2	8:40	9.7	1:57	1.5	2:15	1.2	5:00	8:06	
25	Thu	9:03	9.2	9:23	9.9	2:47	1.2	3:00	1.1	5:00	8:06	
26	Fri	9:49	9.4	10:02	10.2	3:33	0.8	3:43	1.0	4:59	8:07	
27	Sat	10:31	9.5	10:38	10.5	4:16	0.4	4:24	0.9	4:58	8:08	
28	Sun	11:11	9.7	11:14	10.8	4:58	0.1	5:04	0.8	4:58	8:09	
29	Mon	11:50	9.8	11:52	11.0	5:39	-0.2	5:45	0.7	4:57	8:10	
30	Tue			12:30	9.9	6:20	-0.5	6:27	0.6	4:56	8:11	
31	Wed	12:33	11.2	1:13	10.1	7:04	-0.7	7:11	0.6	4:56	8:12	